

Soozier

INadd042_CA

A91-195



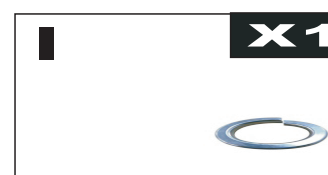
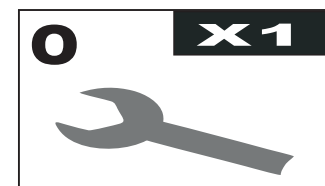
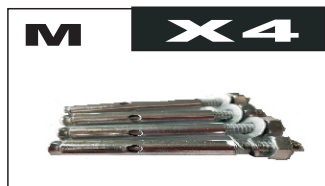
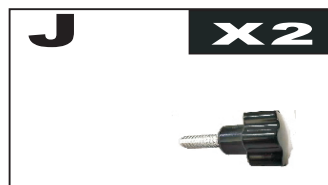
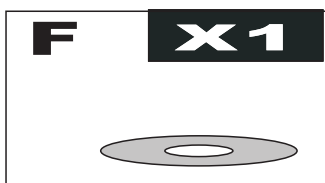
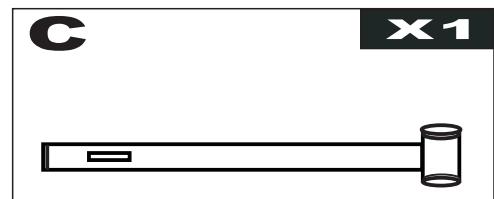
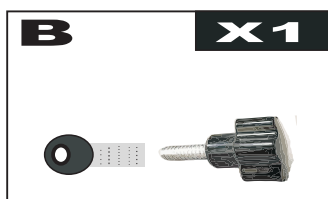
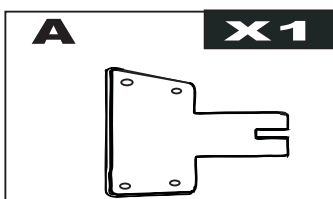
IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY

ASSEMBLY & INSTRUCTION MANUAL

WARNING:

Boxing is a contact sport. Any contact can be dangerous and result in serious injury. When boxing, be sure you are in good physical condition and under expert supervision. This equipment will provide limited protection but will not protect you against serious injury. Anyone using this equipment must assume the risk of any injury.

PART LIST



A: Base B: Fixing bolt

C: Cross bar

D: Rotating rod

E: Adjusting rod

F: Gasket

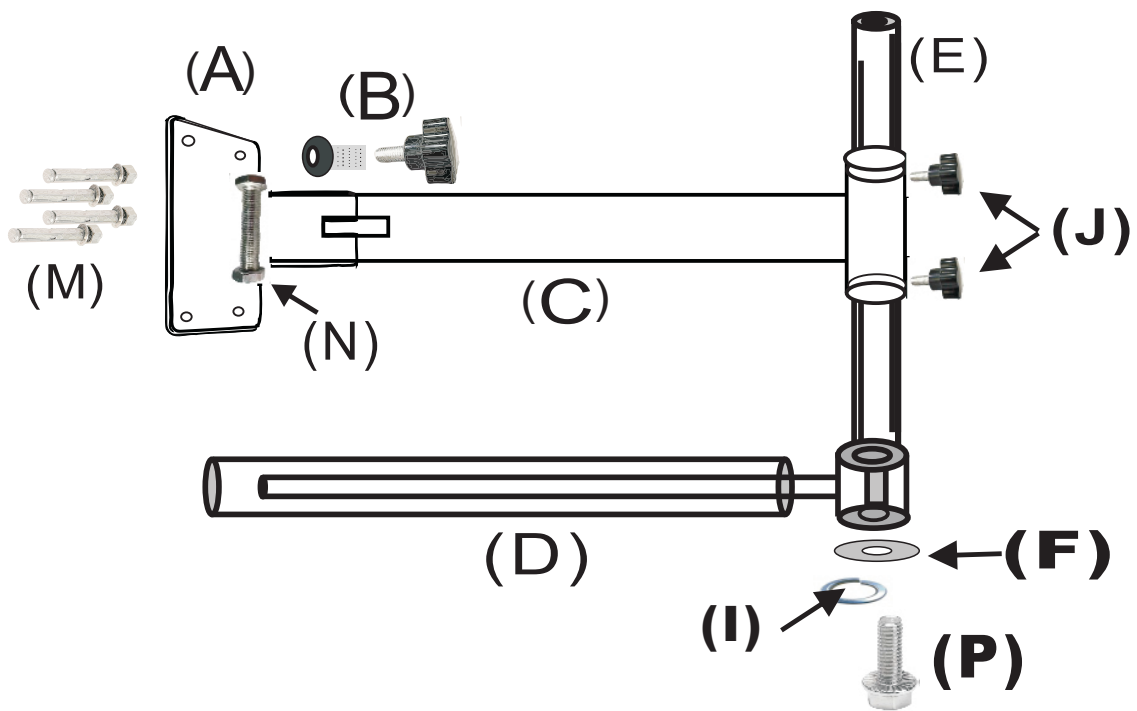
I: Lockwashers

J: Fixing bolt

M: Expansion screw

N: Hexagonal screw

P: Hexagon flange screw



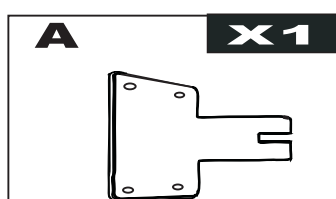
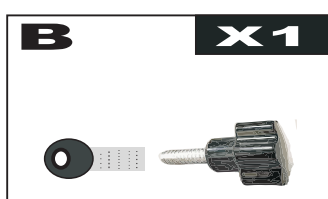
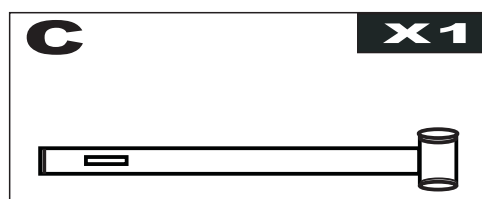
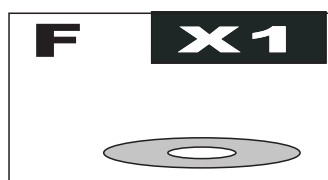
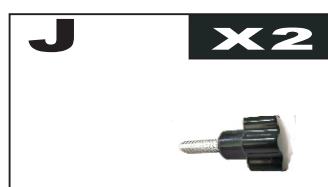
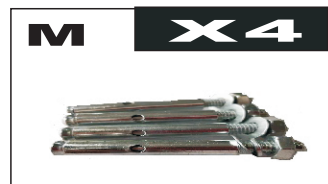
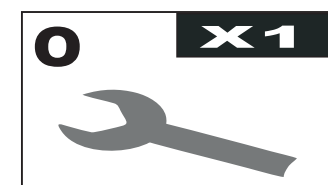
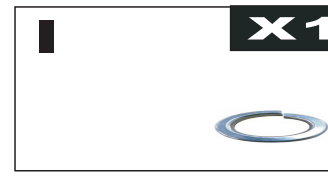
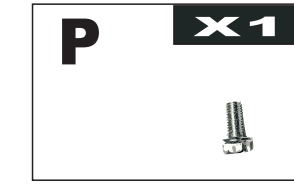
SETP:

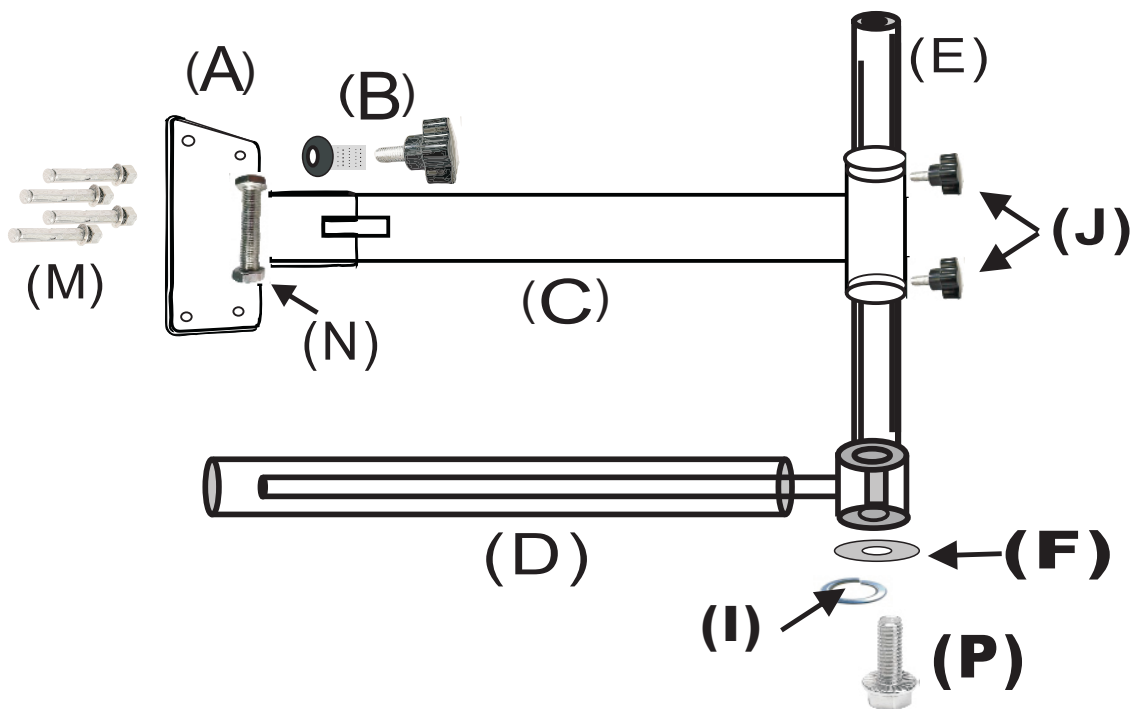
1. Select the installation wall and fit (A) with (M)
2. Assemble parts (A) and (C) with (N) and fix (B); Loose (B) can be folded close to the wall.
3. Insert (E) into the other end of (C) fix it with (J), and adjust the required height through (J)
4. Install (D), (F) and (I) at the bottom of (E) and lock then with (P)

Avertissement:

La boîte est un support de contact, ce qui pourrait entraîner des blessures. Lorsque vous faites de la boxe, assurez-vous d'être en bonne condition physique et sous la surveillance d'un expert. L'équipement offre une certaine protection, mais ne peut garantir l'évitement des blessures. Toute personne utilisant cet équipement doit être consciente des risques potentiels.

LISTE DES PIÈCES :

**A****X1****B****X1****C****X1****F****X1****J****X2****D****X1****M****X4****N****X1****E****X1****O****X1****I****X1****P****X1****A: Base****B: Boulon de fixation****C: Barre transversale****D: Tige rotative****E: Tige de réglage****F: Joint****I: Rondelle d'arrêt****J: Boulon de fixation****M: Vis d'expansion****N: Vis hexagonale****P: Vis à bride hexagonale**



ÉTAPES :

1. Placez la vis d'expansion (M) dans la base (A).
2. Fixez la base (A) et la barre transversale (C) avec la vis hexagonale (N).
3. Insérez la tige de réglage (E) à l'autre extrémité de la barre transversale (C), serrez-la avec un boulon de fixation (J). Ajustez la hauteur à travers le boulon de fixation (J).
4. Installez la tige rotative (D), le joint (F) et les rondelles d'arrêt (I) dans le bas de la tige de réglage (E). Serrez-les avec la vis à bride hexagonale (P).