

# *Soozier*

INadd046\_US

**A91-203**


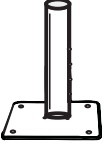






IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY

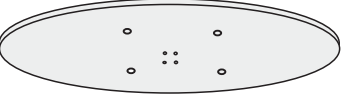
## ASSEMBLY & INSTRUCTION MANUAL

# PACKING DETAILS: TOTAL 2 BOXES

## BOX-1-2

NO.	PARTS	QTY
A		1
B		1
D		1
J		1
K		1
 Hardware Kit		

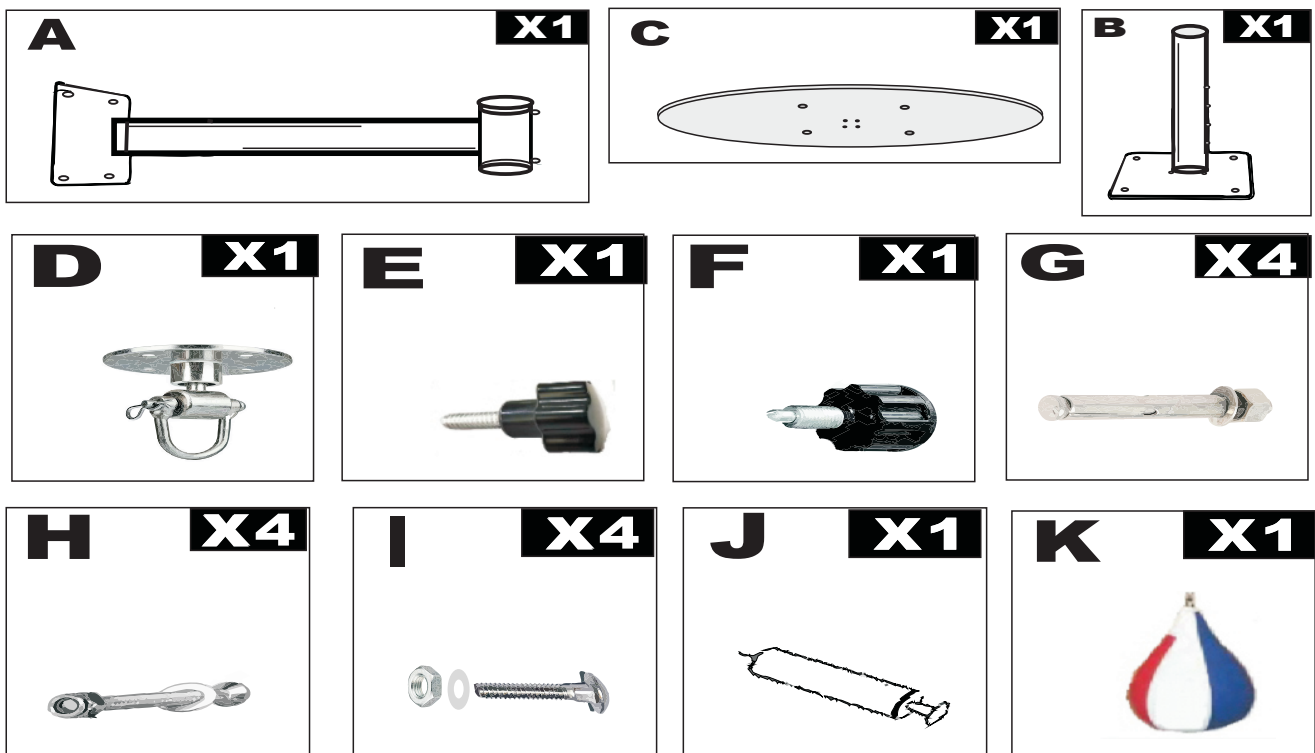
## BOX-2-2

NO.	PARTS	QTY
C		1

# WARNING:

Boxing is a contact sport. Any contact can be dangerous and result in serious injury. When boxing, be sure you are in good physical condition and under expert supervision. This equipment will provide limited protection but will not protect you against serious injury. Anyone using this equipment must assume the risk of any injury.

## PART LIST



**A-1: Bracket**

**B-1: Adjusting Lever**

**C-1: 25mm MDF**

**D-1: Swivel Assembly**

**E-1: Fixing Bolt**

**F-1: Adjusting Bolt**

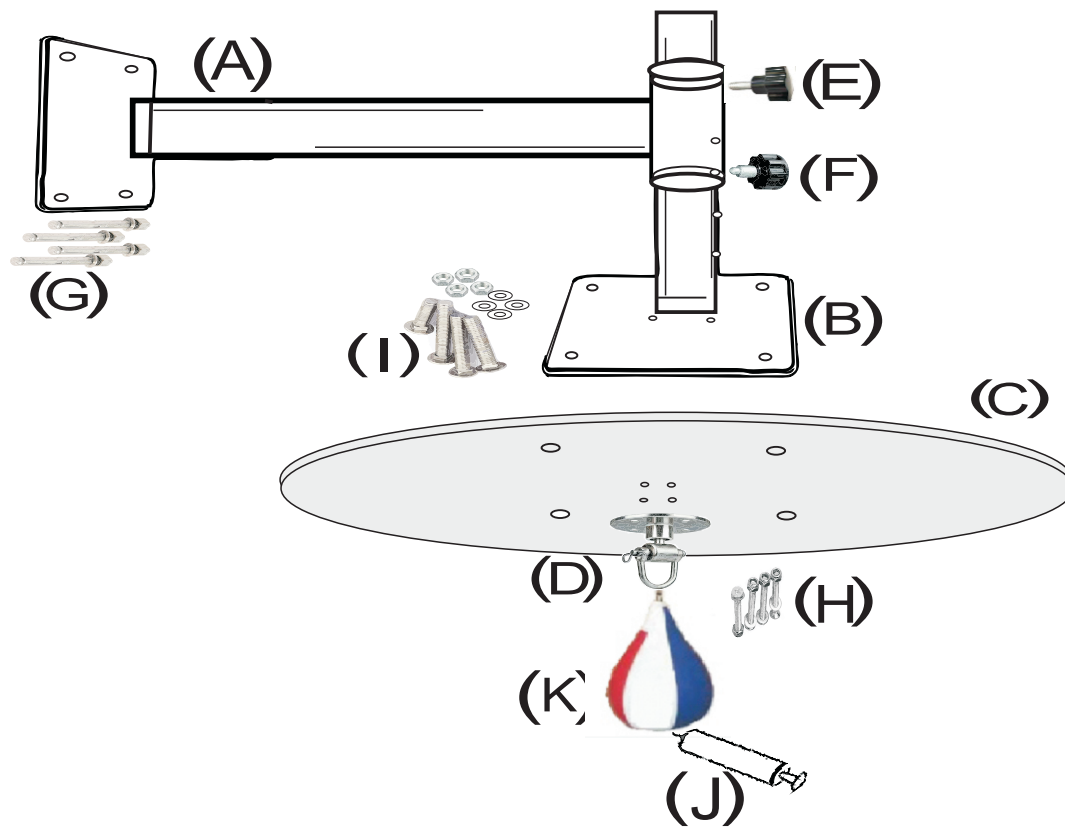
**G-4: Expansion Bolt**

**H-4: Cross flat head bolt and Hex Nuts**

**I-4: Carriage Bolts, Lock washers and Hex Nuts**

**J-1: Pump**

**K-1: Boxing Ball**



## SETP:

1. Fix (C) (B) with (I)
2. Inflate ( K) with ( J) , maxim um pressu re of 4lbs
3. Connect ( K) and (D) to make it active
4. Use (H) to pass t hrough (D) (C) and (B) and fix
5. Select t he installatio n positio n and fix (A) with ( G)
6. Connect ( A) and (B) and fix with (E) (F),
7. Adjust (E) (F) to the required h eig ht and hit (K) to rebound the train ing speed