



# LEG EXERCISER

the seated walking machine



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Exercise your legs,  
exercise your heart.



### How to using the Leg Exerciser.

1. Connect power adapter to the unit and power jack to a power outlet.
2. Touch the power switch (B) to make machine power ON/OFF, touch speed ⏸ and ⏪ to adjust speed from level 1 to level 5.
3. Sit on a chair and place your feet on the pedals (A).
4. When finish, turn unit off.

### Optional

To angle the unit upward, pull the legs (C) from the underside.

### Caution

Do not stand or sit on the unit.

Keep out of reach of children. This is not a toy.

Do not use on slippery or uneven surfaces.

Do not wet the unit.

Do not place your fingers or toes between the pedals.



### Exercise your legs, exercise your heart.

Senior citizens are the largest target group of potential customers of Leg Exerciser. This is a sector of the population that has improved their life expectancy, but many of them suffer from mobility problems, making them a group at high risk from circulatory diseases.



After a few weeks of using Leg Exerciser, our users have experienced the following results:

- Reactivation of blood circulation throughout the body.
- Prevention and reduction of chronic venous disease.
- Improvements in cardiovascular health, especially in people with pacemakers.



### Do You Spend Hour After Hour and Day After Day Sitting or Standing Without Getting Any Exercise?

That lack of movement can harm your health and cause serious problems.

**The Result:** Tingling and numbness in your legs and feet that impact everyday life.

Leg Exerciser is the only motorized passive workout solution that creates constant leg movement to stimulate the body's muscles while seated at home or at work. It allows individuals to exercise their legs comfortable where traditional exercise routines can be painful or downright impossible for certain individuals.

### Sit down and walk with Leg Exerciser

## Technical specifications.

- Very quiet motor.
- Speed Range: 5 Levels
- Connects to the power supply with a transformer (24V 20W).
- Remote controller and bluetooth ( optional )
- Height adjustable front legs.
- Easy installation and use.
- N/G.W: 4.0/4.5KGS
- Product size: 46x40x13.5 CM



Remote Controller

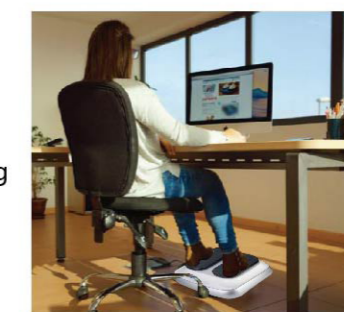


Touch Screen



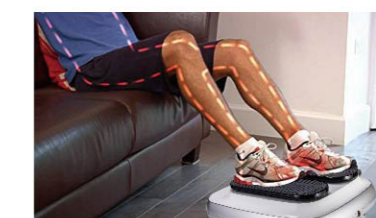
### Discover what Leg Exerciser can do for you.

Increasingly, more and more professionals are required to sit or stand during the entire working day. Leg Exerciser offers the major advantage of being an increasingly useful tool for prevention serious problems caused by lack of movement:



Leg Exerciser for three hours has the same results as walking for an hour, obtaining the following health improvements:

- Disappearance of swelling in legs and ankles.
- Relieve heaviness in the legs.
- Ergonomics: Improve posture in the workplace, eliminating the symptoms of postural fatigue.



### Creates constant leg movement.

Movement assisted by Leg Exerciser visibly improves the appearance of your legs, giving them a better appearance. As it is a passive workout system, your legs are exercised, without any effort:



Strengthens and tones muscles in your legs.

Its gentle movement, as it has a cleansing effect on the body, is an effective ally contributes to against cellulite.

