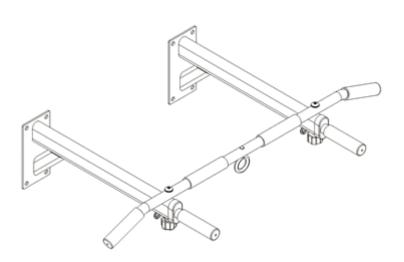


INade059_UK

A91-089



Wall pull-up bar instructions

READ AND SAVE THESE INSTRUCTIONS FOR FUTURE USE

ASSEMBLY INSTRUCTION

Product parameter description

Product Name	Wall pull-up bar
Model Number	D4600
Material:	Steel , Foam
Install Size	700mmX905mmX305mm
Packing Size	985mmX215mmX100mm
N/W	4.3KG
G/W	5KG
Max LoadingWeight	150KG

Note:

Install fixed expansion screws, please find a professional drilling master, according to the wall conditions and height of the wall, the order is drilling, alignment, knocking, hole and fixing.

Applicable objects:

Office workers, students, fitness coaches and other young and old.

Taboo:

It is forbidden to use after drinking, sickness, etc

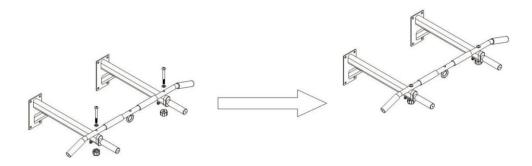
Inside box components

	Support frame combination	2PCS
	Long rod combination	1PCS
Wall pull-up bar instructions Before using this equipment, please read the instructions carefully and keep it properly	Instruction manual	1PCS

Plum blossom knob	2PCS
Hardware screw package	1PCS

Assembly steps

Step 1: Use two M10*100 Semicircular head inner hexagon screw , two flat washers and two plum blossom knobs to fix the Long rod combination with the two support frame combination. The tool is a 6# Allen wrench. (As shown on the right)



The last step: use the electric drill to drill 8 holes in the appropriate height of the appropriate wall, and fix it with 8 expansion screws (according to the precautions)





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