



KNEE WALKER USER MANUAL



712-025



CAUTION!

BEFORE using the Knee Walker, read this manual and save for future reference. DO NOT attempt to adjust or operate Knee Walker without carefully reading all instructions in this manual.

Check ALL parts for shipping damage before use. In the case of shipping DO NOT install or use this equipment without first reading and understanding this instruction sheet.







If you are unable to understand the warnings, cautions or instructions, contact a healthcare professional or technical personnel before attempting to install this equipment - Otherwise, injury or damage may occur.















Before using the Knee Walker, you should be trained by a healthcare professional or dealer.




DO NOT use the Knee Walker by yourself until you have been properly trained, you have practiced with someone and you feel confident you can maneuver by yourself.

The user should ALWAYS consult with his/her physician or therapist to determine proper adjustment and usage.

WARNINGS & SAFETY INSTRUCTIONS

-  Maximum Weight Capacity is **300 lbs.** **DO NOT** exceed the maximum weight capacity (including basket contents) or serious injury could result.
-  Maximum weight capacity for the Knee Walker basket is 5 lbs.
-  **DO NOT** use the Knee Walker on stairs, curbs, obstacles, etc. Serious risk of fall or injury may occur.
-  Watch out for: cords, thrown rugs, toys on the floor, spilled water or oil.
-  **DO NOT** use the Knee Walker if the brake system is not working properly.
-  **DO NOT** use the Knee Walker unless all parts are secure and moving parts are in good working order.

-  **DO NOT** lean forward, backward, or to either side while using.
-  **DO NOT** use the Knee Walker unless seat lock lever is securely locked into place.
-  **DO NOT** lean forward while applying the brakes.
-  **DO NOT** perform any adjustments to the Knee Walker while it is in use
-  **DO NOT** use the seat to transport people or objects.
-  **DO NOT** sit on the Knee Walker while it is being loaded into a vehicle or while it is being transported in a vehicle.
-  **DO NOT** sit on the knee rest.
-  **DO NOT** hang anything from the Knee Walker handles or frame at any time. This may cause the Knee Walker to tip, resulting in bodily injury or Knee Walker damage. Items should be placed in the basket.
-  **DO NOT** attempt to reach objects while using the Knee Walker. Reaching for these objects will cause a change of the weight distribution and may tip over, resulting in injury or damage.
-  **DO NOT** walk backwards while using the Knee Walker.
-  All wheels **MUST** be in contact with the floor at all times during use. This will ensure the Knee Walker is properly balanced.
-  Always keep both hands on the handle grips when in use.
-  Only use accessories and spare parts authorized by Homcom.
-  When turning the Knee Walker, exercise caution and only turn while at a slow rate of movement.

-  The Knee Walker is for individual use only. **DO NOT** attempt to push the Knee Walker while someone is seated on the seat. Doing so may result in serious injury and damage to the Knee Walker.
-  The Knee Walker is not to be used as a transportation device. The Knee Walker is a walking aid only.
-  A physical/occupational therapist should assist in the height adjustments of the Knee Walker for maximum support and correct brake activation.

CARE & MAINTENANCE

Clean with damp cloth and non-abrasive cleanser.

Clean wheels with warm water and mild cleanser. Dry with clean rag.

Ensure that all attached hardware and seat lever are secure at all times.

Inspect the Knee Walker periodically to ensure the brakes, seat lever, steering, and wheels are functioning properly and that all parts are secure.

Replace any broken, damaged or worn items immediately.

If handgrip is loose, **DO NOT USE**. Replace it.

Ensure that the brakes are working correctly. Over time the brake cables may stretch with use, they can be adjusted by a qualified mechanic. Failure to do this may result in injury to the user.

PARTS INCLUDED

- 1) Walker frame x 1
- 2) Knee pad platform x 1
- 3) Handlebar x 1
- 4) Basket x 1
- 5) Basket assembly screws x 2 + 2 spare
- 6) Basket assembly metal plate x 1
- 7) Hex wrench x 1

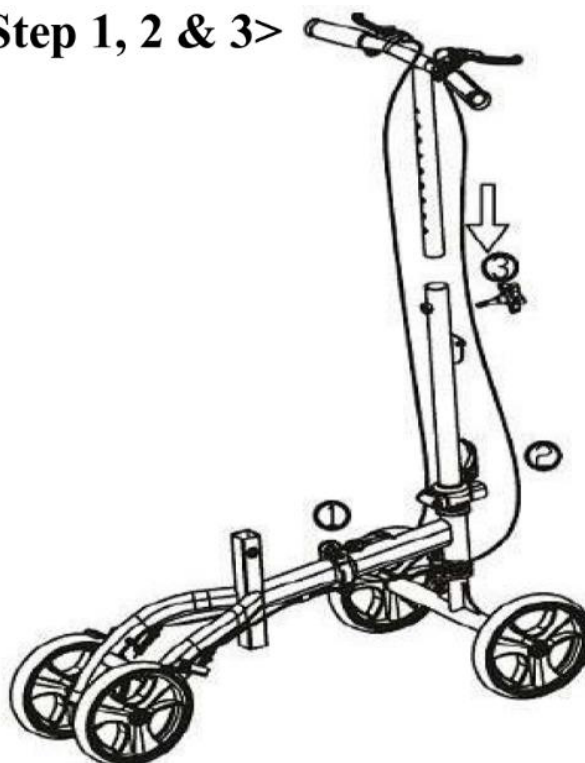
Knee Walker FEATURES



NOTE: The Knee Walker is a mobility device to be utilized during your recovery from foot or ankle surgery or injury. If you don't understand the manual, please contact your local healthcare provider for assistance. Failure to do this may result in injury.

ASSEMBLY INSTRUCTIONS

<Step 1, 2 & 3>

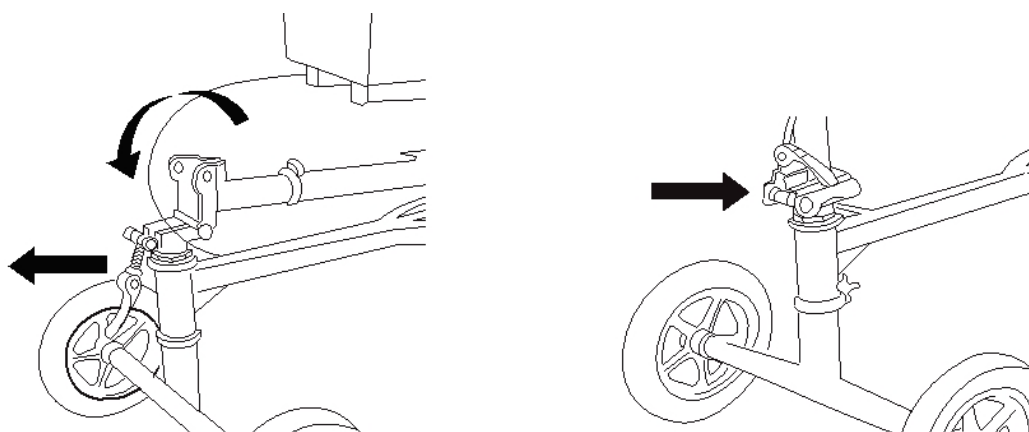


Step 1: To Assemble Knee Walker Frame

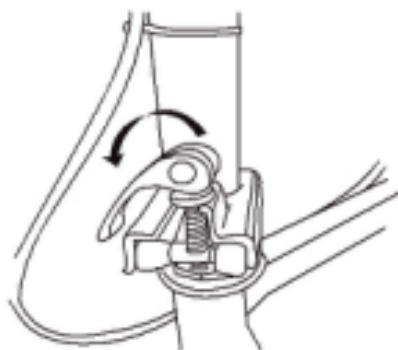
- Unpack the Knee Walker from the carton.
- Rotate the lever clockwise to tighten the quick release clamp and pull the quick release clamp down to point towards the frame tubing to lock it securely.

Step 2: To Raise the Steering Tiller

- Align and straighten the steering column frame to the erect position. Slide the locking pin to the side, this allows the steering column to reach its full upright position. Release the pin to lock the steering column in place.



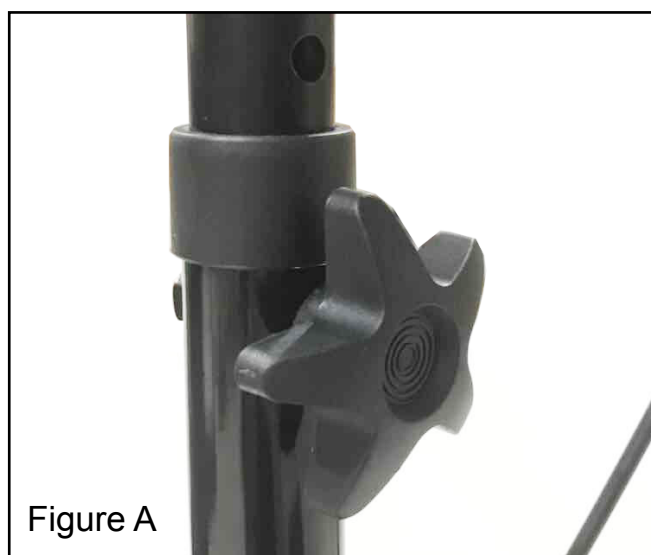
- Move locking pin into the groove on steering column. Then, depress the locking handle to secure the steering column.



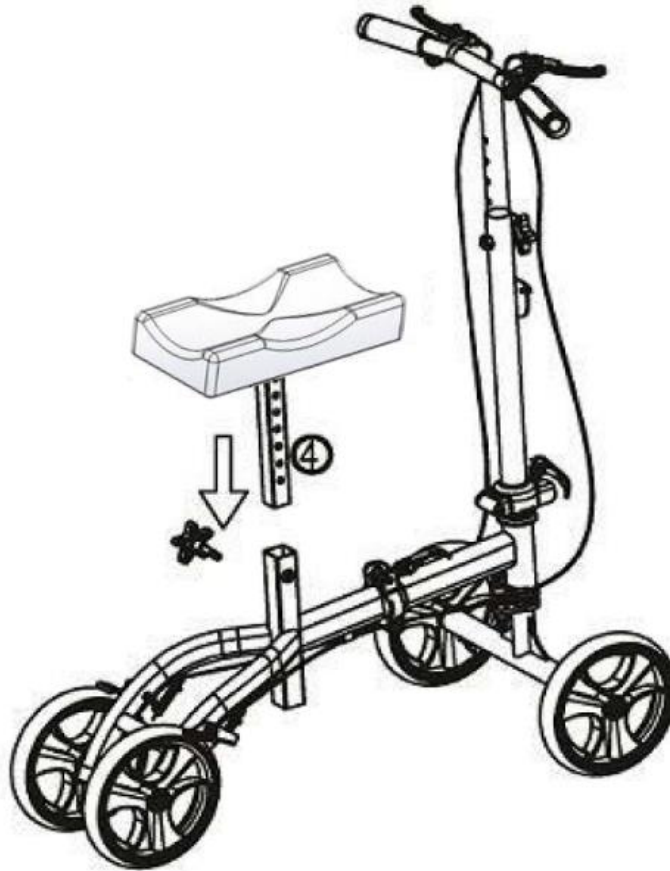
Step 3: To Adjust Height of Handlebars

Handlebars should be set at wrist level to keep your back straight.

- Remove star screw. (Figure A)
- Extend handlebars up to desired height and align holes in tiller.
- Tighten star screw securely.



Step 4: To Adjust Height of Knee Platform:



Stand on your good leg, hold on to a steady surface for support, and bend the leg that will be on the knee platform at a 90 degree angle.

Adjust the knee platform to meet the height of your bent leg. When you place your bent leg on the knee platform, your uninjured foot should comfortably reach flat on the floor, and your hips should be even. You should be in an upright position as if you were standing normally.

- Remove start screw.
- Insert the knee platform post.
- Extend the knee platform to desired height.
- Then, insert star screw and tighten knob securely.

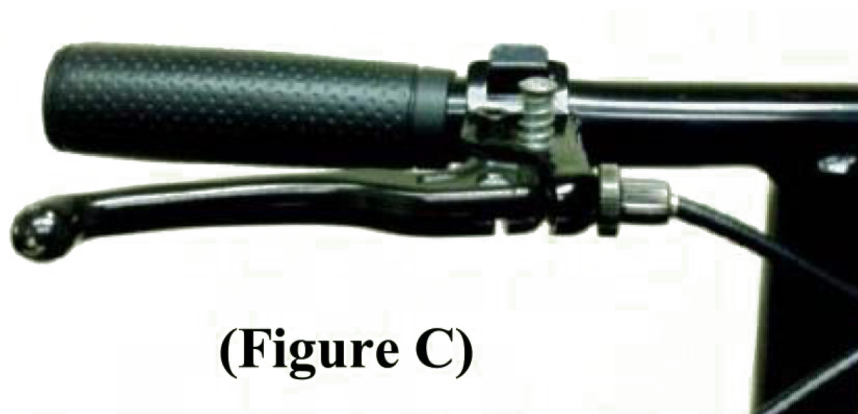
Step 5: To Attach Basket

<Step 5>



Step 6: To Adjust the Brakes

- Use an Allen wrench to loosen the hand lever and reposition and re-tighten to a comfortable position.
- The brake tightness can be adjusted with the nuts at either end of the brake cable. Turning the screw clockwise will loosen the brake and turning the screw counter clockwise will tighten it.
- Squeeze the hand brake lever and push down the parking brake lock, and the Knee Walker will be locked.
Squeeze the hand brake lever again to release the parking brake lock.
(Figure C)



(Figure C)

To Operate the Knee Walker:

- Place your hands on the handlebars.
- Place the injured leg comfortably resting on the center of the knee platform.
- Release the brake to move yourself forward or backward slowly with small steps with your other leg, keeping the knee of your injured foot centered on the knee platform.
- The Knee Walker can make turns by simply moving the handlebars with a minimum amount of effort. Turns should only be performed while at a slow rate of movement. To turn right, rotate handlebars to the right. To turn left, rotate handlebars to the left.
- With practice, you should be able to move forward without deviating to the opposite side.

