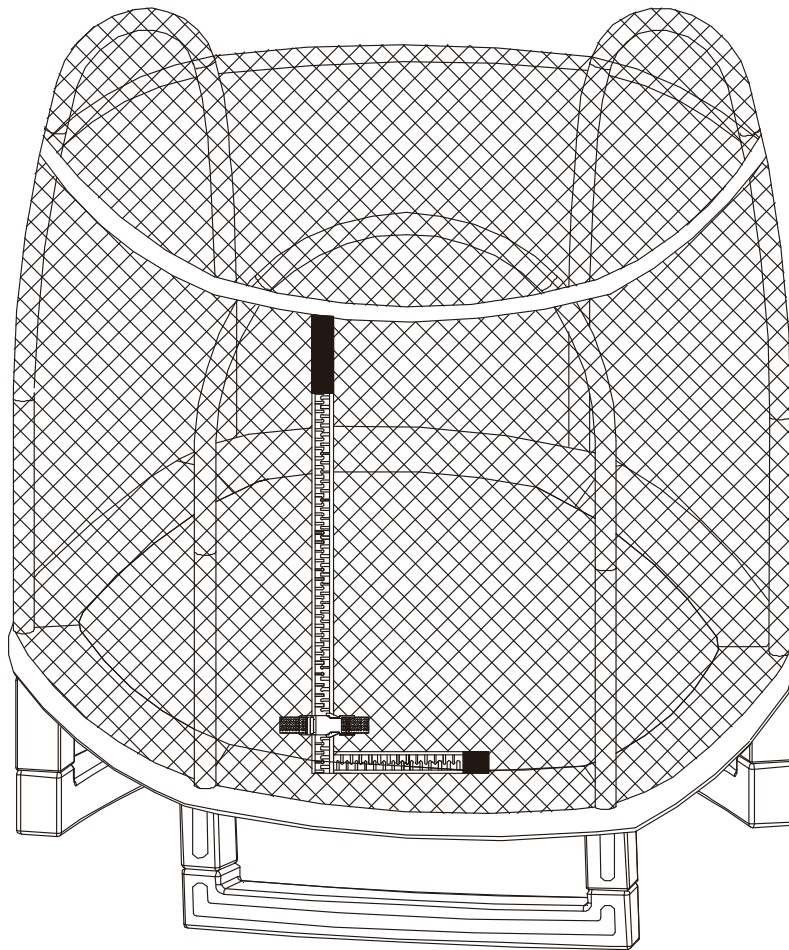




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IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY

ASSEMBLY INSTRUCTION

 **DANGER**

DO NOT attempt somersaults or flips. Paralysis or death can result if you land on your head or neck! No more than one person on the trampoline at a time. Multiple users increase the risk of injury. Use trampoline only with mature, knowledgeable supervision.

 **WARNING**

These instructions are important to minimise chances of injury. Please read each of them thoroughly before you assemble and use this trampoline. Retain this manual for future reference.

Maximum weight of the user shall NOT exceed 176lbs/80kg for this product.

This product is designed for children between the ages of 3 to 12 years.

Do not allow children under 3 years old nearby during assembly. Small parts – choking hazard!

Estimated assembly time: 2 adults, 2 hours.

Domestic and outdoor use only.

Adult supervision required.

Adequate overhead clearance is essential. A minimum of 8 meters from ground level is recommended. Provide clearance for wires, tree limbs, and other possible hazards. Always ensure the trampoline is on level ground with a minimum of 2 meters clear space from any structure or obstruction.

! DANGER



NO SOMERSAULTS OR FLIPS – PARALYSIS OR DEATH can result if you land on your head or neck!



No more than ONE user at a time (maximum weight - 176 lbs/80kg)



Do not use if in a cast or have previous leg, arm, head, neck or back injury.



Do not allow children less than three (3) years of age to use.



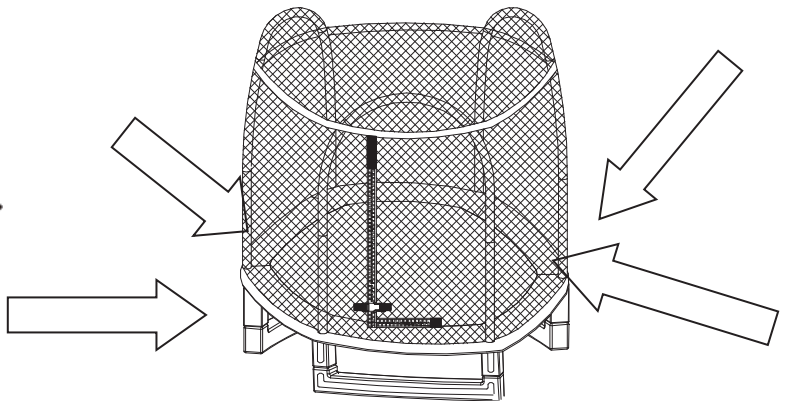
Remove all hard or sharp objects including jewelry, eyeglasses, sunglasses or hairclips before jumping.



Do not use without the consent of your physician, if pregnant.

Daily Pre-Inspection:

- >Inspect legs for proper attachment or cracks
- >Inspect netting for tears and sagging
- >Inspect for loose or damaged springs
- >Inspect mat for tears or worn stitching
- >Inspect frame for sagging or cracks



Inspect prior to use – check that the legs are properly attached and stable on the ground; no loose springs; mat and enclosure net are in proper place and in good condition with no tears.

DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
- Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
- Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.

WARNING

Carefully read and understand all of the instructions and warnings in this manual before assembling and using this product. It is the responsibility of the owner of this trampoline to ensure that all users of this product are fully informed on the proper use and the inherent risks of jumping on a trampoline. Failure to do so can result in serious injury or death.

Before you start to assemble...

- Check the package and make sure you have all of the parts listed in the Parts List section of this user manual. IF ANY PARTS ARE MISSING, please call the Customer Service number listed on the cover page for assistance.
- Do not install or use the product if any parts are missing or damaged. Store in a safe place until ready to install.
- Make sure that you have plenty of space and a clean dry area suitable for the assembly of this trampoline. **IT IS ESSENTIAL THAT THE INTENDED SITE FOR THIS TRAMPOLINE IS COMPLETELY FLAT AND LEVEL.** Adequate overhead clearance is essential. A minimum of 8 meters from ground level is recommended. Provide clearance for wires, tree limbs, and other possible hazards. Always ensure the trampoline is on level ground with a minimum of 2 meters clear space from any structure or obstruction. If the ground is uneven, this could cause movement in the frame and stress on the joined sections of the frame that could damage the trampoline and/or can cause serious injury.
- Two adults are needed to assemble this trampoline.
- Heavy gloves must be used to protect your hands from pinch points during assembly and goggles must be worn to avoid injuries to the eyes.
- This pack may contain small parts and is not suitable for children under three (3) years of age to be nearby during assembly. Small parts. Choking hazard.
- **IMPORTANT:** Save this manual for future reference.

Before using the product...

- Use of this trampoline requires constant adult supervision. Use the trampoline only with mature and knowledgeable **ADULT** supervision.
- Ensure that the trampoline enclosure has been assembled correctly, as per the instructions in this manual and that the zipper and buckles located at the entrance are fully closed before use.
- Trampolines over 20 in. (51 cm) tall are not recommended for use by children under 6 years of age.
- There must be no more than one person at a time on the trampoline.
- Maximum weight of the user shall NOT exceed 176lbs/80kg for this product.
- This product is for household and family domestic use only – It is not for use in schools, playgrounds, rental or commercial use.
- It is of particular importance to follow the maintenance instructions at the beginning of every season. Neglecting regular maintenance can lead to a risk for users.

! DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
- Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
- Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.

Important Warnings



Carefully read these warnings before using this product. Failure to follow these warnings can result in serious injury or death.

! DANGER

- Only one user at any one time! Multiple users can cause loss of control, collision or falls on the trampoline. This could result in serious injury to legs, arms, back, neck or head.
- Do not use the trampoline when under the influence of alcohol, drugs or medication, which may impair the jumper's judgement.
- Always consult your physician before performing any kind of physical activity.
- Do not use the trampoline if you have high blood pressure.
- Do not use the trampoline if you have a medical history of neck or back injuries or mental or physical conditions that could cause injury.
- Do not use if the user has any broken bones (casts) or has recently been in the hospital for extensive treatments (operations, severe wounds, stitches, back injury or concussion).
- Do not use without the consent of your physician, if pregnant.
- Do not use the trampoline during windy conditions or if the user or the trampoline surface is wet. These conditions can cause the user to lose control and fall resulting in serious injury.
- The product must not be used in windy conditions as wind can cause unexpected movement of the product. Wind can cause the trampoline to be lifted off the ground and become airborne. This can present a danger to individuals and to property. Winds can be especially strong in open areas, foothills, mountains, locations subject to hurricanes and tornadoes, areas between homes that create wind tunnels and anywhere else where local weather conditions can create high winds. We recommend that you anchor the trampoline or otherwise secure the trampoline to prevent it from moving as a result of the wind. One possible way to anchor the trampoline is to secure the trampoline to a concrete footing under each leg. We recommend consulting a local licensed contractor to best determine how the anchor system should be constructed for your specific conditions. The licensed contractor can also advise you of other options such as below ground installation. Even with anchors, a trampoline can be lifted, just like anything else, by strong winds. If the winds are anticipated to be very strong, the trampoline should be disassembled and stored away safely until the weather conditions improve.

! DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
- Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
- Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.



Carefully read these warnings before using this product. Failure to follow these safety instructions can result in serious injury or death.

! WARNING

Proper Play Conditions:

- Always use the product in a well-lit area. Do not use without lighting during dawn, dusk or in complete darkness!
- The trampoline must be placed on a surface that is **COMPLETELY FLAT AND LEVEL**. If the ground is uneven, this could cause movement in the frame and could cause stress on the joined sections of the frame that could damage the trampoline and/or can cause serious injury.
- **DO NOT** install or position this trampoline on a hard surface such as concrete, tarmac or paving. Suitable surfaces are grass, sand or a play area covered with an appropriate depth of play bark material.
- **ALWAYS** ensure the trampoline is on level ground with a minimum of 6.6ft (2 metres) clear space from any structure or obstruction such as fence, garage, house, overhanging branches, laundry lines or electrical wires.
- Adequate overhead clearance is essential. A minimum of 26.25 ft (8 metres) from ground level is recommended. Provide clearance for wires, tree limbs, and other possible hazards.
- Do not use the trampoline indoors, as this product is intended for outdoor home use only.
- The product must not be used in windy conditions as wind can cause unexpected movement of the product. Wind can cause the trampoline to be lifted off the ground and become airborne. This can present a danger to individuals and to property. Winds can be especially strong in open areas, foothills, mountains, locations subject to hurricanes and tornadoes, areas between homes that create wind tunnels and anywhere else where local weather conditions can create high winds. We recommend that you anchor the trampoline or otherwise secure the trampoline to prevent it from moving as a result of the wind. One possible way to anchor the trampoline is to secure the trampoline to a concrete footing under each leg. We recommend consulting a local licensed contractor to best determine how the anchor system should be constructed for your specific conditions. The licensed contractor can also advise you of other options such as below ground installation. Even with anchors, a trampoline can be lifted, just like anything else, by strong winds. If the winds are anticipated to be very strong, the trampoline should be disassembled and stored away safely until the weather conditions improve.

! DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
 - Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
 - Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.
-



Carefully read these warnings before using this product. Failure to follow these safety instructions can result in serious injury or death.

! WARNING**Appropriate Use Conditions:**

- Children must always be supervised while they are playing on the trampoline and must be instructed not to use the trampoline in an inappropriate or hazardous manner. Take precautions to prevent access to the trampoline by children when there is no adult supervision.
- Restrict access to the trampoline by any unauthorized users without your consent.
- Trampolines are rebounding devices, which propel the user to unaccustomed heights, and into a variety of body movements. Rebounding off of the trampoline, striking the frame or springs, or improperly landing on the trampoline mat may cause serious injury.
- Always start and maintain your jump at the center of the trampoline mat in order to reduce the risk of landing on the frame or springs or falling off the trampoline.
- Avoid bouncing too high. Stay low until you can control your bounce and land consistently in the middle of the trampoline mat.
- Ensure the trampoline frame and springs are fully covered by the frame pad to avoid any direct contact with metal parts.
- Do not stand or jump on the springs while using the trampoline. The springs are not designed to support such stress and weight. This can result in serious injuries and/or product damage. If you see any signs of stretched or damaged springs, do not use the trampoline until replacement springs are properly installed.
- The trampoline is several feet off the ground. Jumping off the trampoline to the ground or any other surface may result in injury. Smaller children may need assistance getting up onto or down from the trampoline. Mounting and dismounting properly should be followed as a strict rule. Users should climb onto the trampoline by placing their hands on the frame and stepping or rolling up onto the frame, across the springs and onto the mat. Do not step directly on the frame pad or grasp the frame pad when mounting or dismounting the trampoline. To dismount, jumpers should walk to the side of the mat, bend over and place their hands on the frame, then step from the mat to the ground. Users should always place their hands on the frame while mounting or dismounting.
- Do NOT use the trampoline as a springboard to jump onto other objects.
- Remove all objects not designed for use with the trampoline from the trampoline before use. Do not let children take toys or other items onto the trampoline.
- Do not eat while jumping.
- The trampoline should not be buried or sunken into the ground.
- During winter period, the snow load and the very low temperature can damage the trampoline. It is recommended to remove the snow and store the mat and the enclosure indoor.

! DANGER

- Use trampoline only with mature, knowledgeable adult supervision.
- Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.
- Do not allow more than one person on the trampoline. Use by more than one person at the same time increases the chance of injury.



Carefully read these warnings before using this product. Failure to follow these safety instructions can result in serious injury or death.

! WARNING

- Do not jump or step onto the frame pad as it was not designed to support the weight of a person.
- Do not use the trampoline while holding or wearing any type of sharp or pointed objects such as jewelry, watches, rings, eyewear and necklaces before using this product. This will prevent the jewelry from tearing the mat or getting caught in the enclosure netting.
- Do not wear loose fitting clothing that may catch or snag during play.
- Never wear footwear (e.g. shoes) when using the trampoline.
- Always tie back long hair so that it does not block user's vision or get caught in the enclosure netting.
- FRAME PADS – Frame pads are there to protect user from any fall or landing on the springs and frame. On no account should people be permitted to sit or stand on them when the trampoline is in use. You should also make sure that smaller users do not use the inside edges of the pads as a "handle" when getting up on to the trampoline.
- Never use the trampoline without the frame pad being securely attached. Properly tie down the frame pad before each use. Improper assembly of the frame pad may lead to injury!
- Always check to ensure there are no obstructions or objects under the trampoline that could cause injury or obstruct movement of jump mat. Also check that there are no pets or other people underneath the trampoline.
- Do not jump on the trampoline with a snowboard, skateboard, roller blades, bicycle or any other equipment. DO NOT hold any foreign objects not authorized by the manufacturer in your hand and DO NOT place any objects on the trampoline while anyone is jumping on it. Please be aware of your surroundings to ensure there are no objects that could cause harm when you are playing on the trampoline.
- The frame of your trampoline is made of steel and it will conduct electricity. No electrical equipment (lights, heaters, extension cords, household appliances, etc.) should be permitted in or on the enclosure under any circumstances to avoid the risk of electrocution.
- Always jump in the middle of the mat.

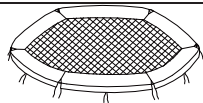

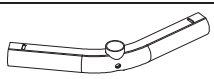

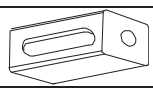


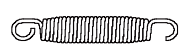

Enclosure Netting and Mat – Appropriate Use Conditions

- Children **MUST NEVER** be left unattended inside the enclosure at any time.
- The enclosure is **ONLY** intended to be used to reduce the risk of injury from falling off the trampoline. Do not intentionally kick, bounce against, climb on, hang from, jump over or crawl under the netting.
- Enter and exit the enclosure only through the zipper door. Do not go through the gap between the netting and the mat. Trying to exit this way poses a risk of strangulation, especially for young children.



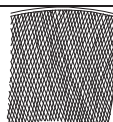
TRAMPOLINE AND ENCLOSURE PARTS LIST

Trampoline and Enclosure Parts List

Trampoline







Key Number	Part Picture	Description	Quantity
1		Trampoline Mat, stitched with Triangle-Rings and Frame Pad	1
2		Top Rail	6
3		Corner Top Rail with Socket	6
4		Vertical Leg Extension	6
5		Plastic Vertical Leg Extension	6
6		Plastic Horizontal Leg Base	3
7		Plastic Flat Plate	6
8		Galvanized Spring	36
9		Spring Loading Tool	1

Enclosure

Key Number	Part Picture	Description	Quantity
10		Curve Frame Tube with Foam	6
11		Top Frame Tube with Foam	3
12		Enclosure Netting	1

TRAMPOLINE HARDWARE PARTS LIST

Hardware Parts List

Key Number	Part Picture	Description	Quantity
A		Bolt(M6x42mm)	6
B		Arc Washer	12
C		Spring Lock Washer	6
D		Self-Locking Screw(ST4x12mm)	6
E		Cap Nut(M6)	6
F		Allen Wrench	1

Assembly and Installation Instructions

BEFORE YOU BEGIN: Review all steps before assembly and read all precautions before using the trampoline. At least two adults are required to assemble this trampoline. Protective gloves should be used during assembly to avoid pinching by the springs. Goggles should be worn to avoid injuries to the eyes.

Step 1 – Leg Support Assembly

- Insert Vertical Leg Extension (# 4) through Plastic Horizontal Leg Base (# 6) and Plastic Vertical Leg Extension (# 5).
- Screw Plastic Flat Plate (# 7) 1/3 way into Vertical Leg Extension (# 4) using Allen Wrench (#F) as shown in FIGURE 1. **IMPORTANT:** Do not tighten Plastic Flat Plate (# 7) all the way at this stage. This is important so that the hole at the top of #4 can properly align with the enclosure tube in Step 4.

The assembled parts will be hereinafter referred to as “Leg Support”. Repeat this step for all three sets of Leg Support.

➤
NOTE: Make sure the warning label on the Leg Support faces outward.

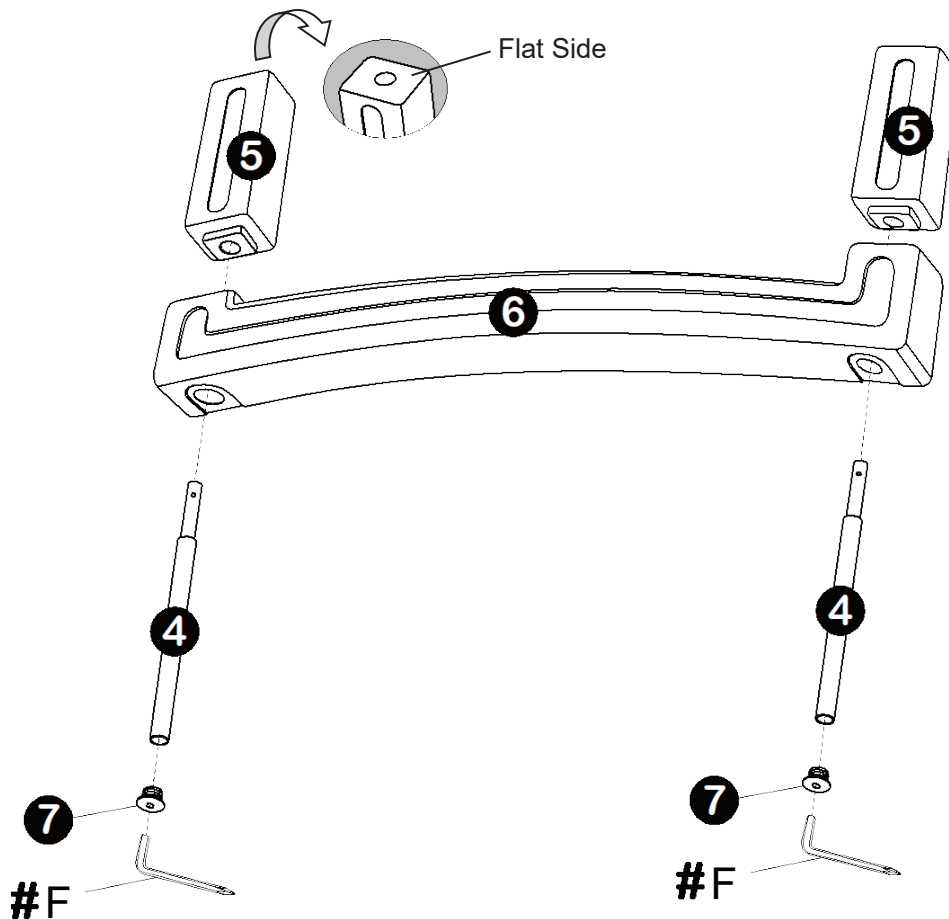


FIGURE 1

Step 2 – Frame Assembly

Lay out all frame parts on dry flat surface as shown in FIGURE 2. The holes on the steel tubing parts are for installing springs and must all face up.

WARNING

Make sure that you have plenty of space and a clean dry area suitable for the assembly of this trampoline. It should be assembled where the trampoline is to be used. The trampoline can become unstable if it is moved after it is assembled. **IT IS ESSENTIAL THAT THE INTENDED SITE FOR THIS TRAMPOLINE IS COMPLETELY FLAT AND LEVEL.** If the ground is uneven this could cause movement in the frame and could cause stress on the joined sections of the frame that could damage the trampoline and/or can cause serious injury.

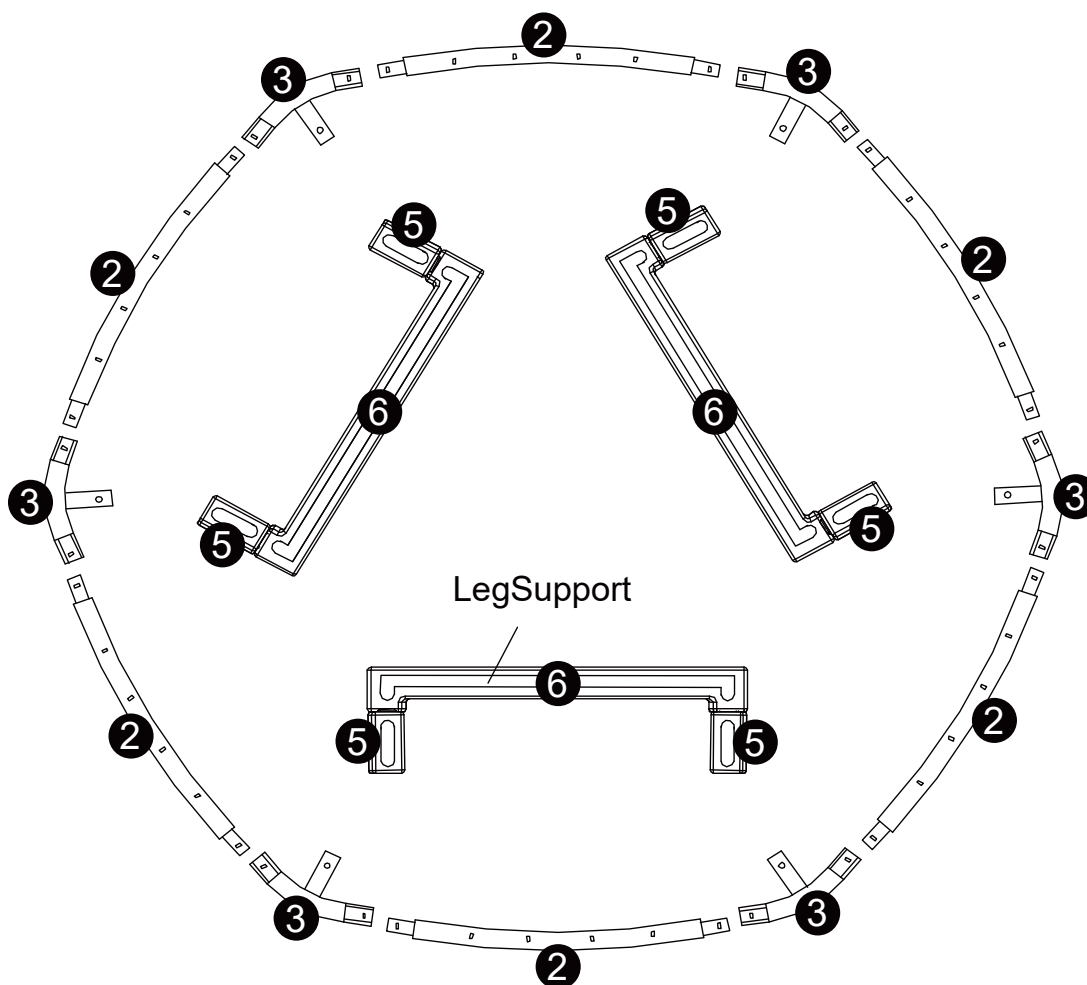


FIGURE 2

STEP 3

Attach Corner Top Rails with Sockets (#3) to both ends of Top Rail (#2). Insert this entire piece into Vertical Leg Extension (#5). Repeat this process for all three Leg Supports.

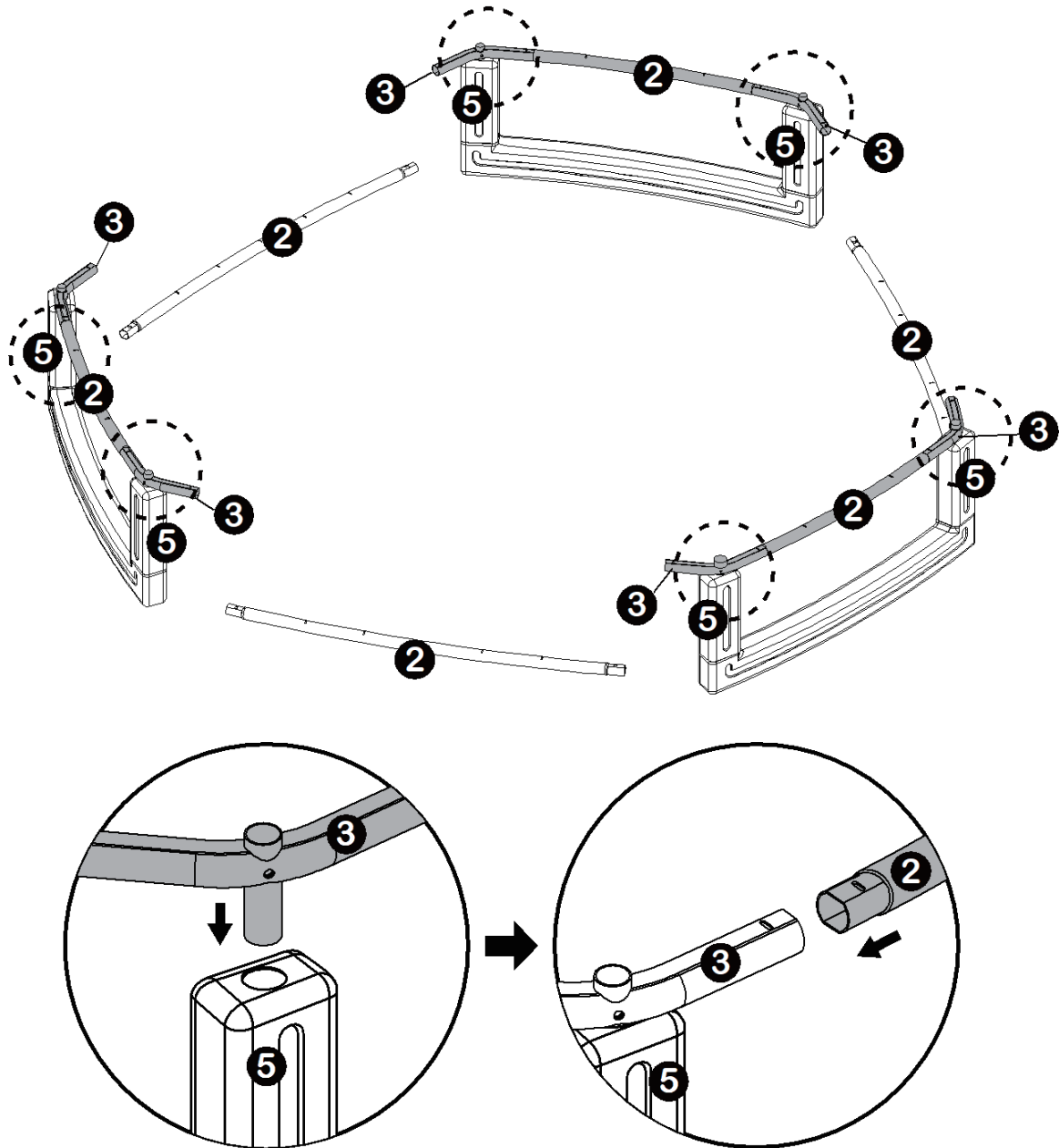


FIGURE 3

STEP 4

At this point, two people will be needed to assemble the trampoline.

Insert Curve Frame Tube with Foam (#10) into Corner Top Rails with Sockets (#3). Align the holes and secure them together using Screw (#A), 2 Arc Washer (#B), Spring Lock Washer (#C), and Cap Nut (#E). Repeat this process for all Leg Supports.

Note: Now refer back to Step 1 and securely fasten the Plastic Flat Plate at the bottom of the Leg Supports all the way.

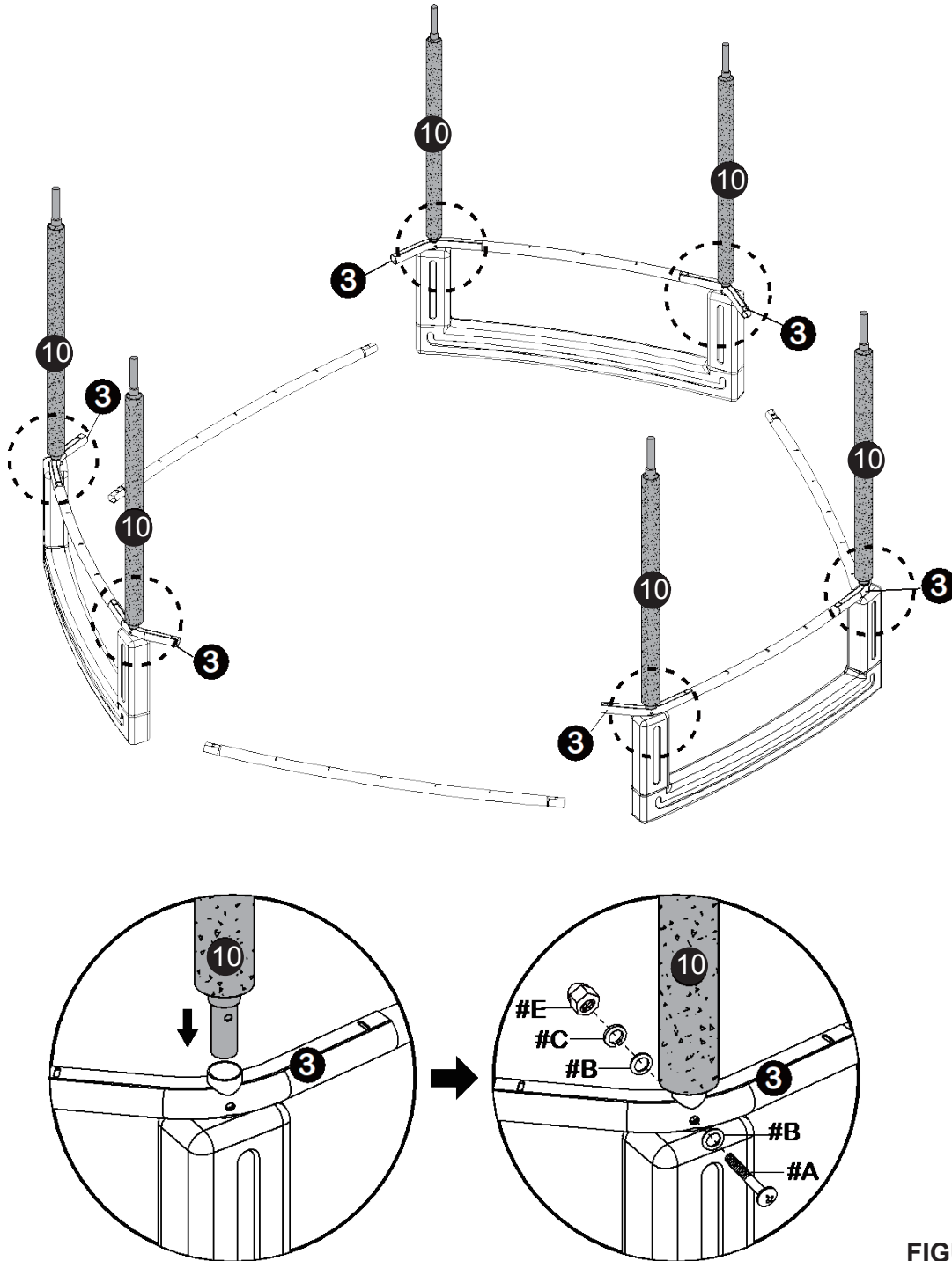


FIGURE 4

STEP 5

Insert Top Rail (#2) in between Top Rail with Sockets (#3) to form the trampoline frame as shown below.

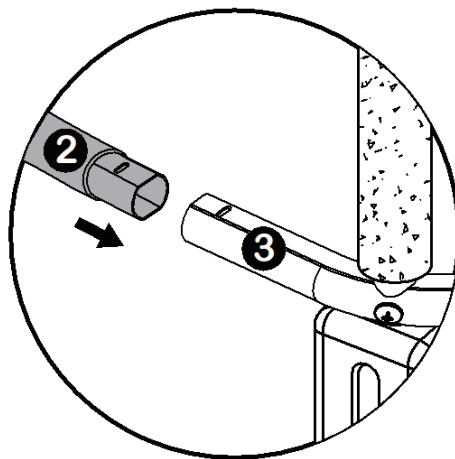
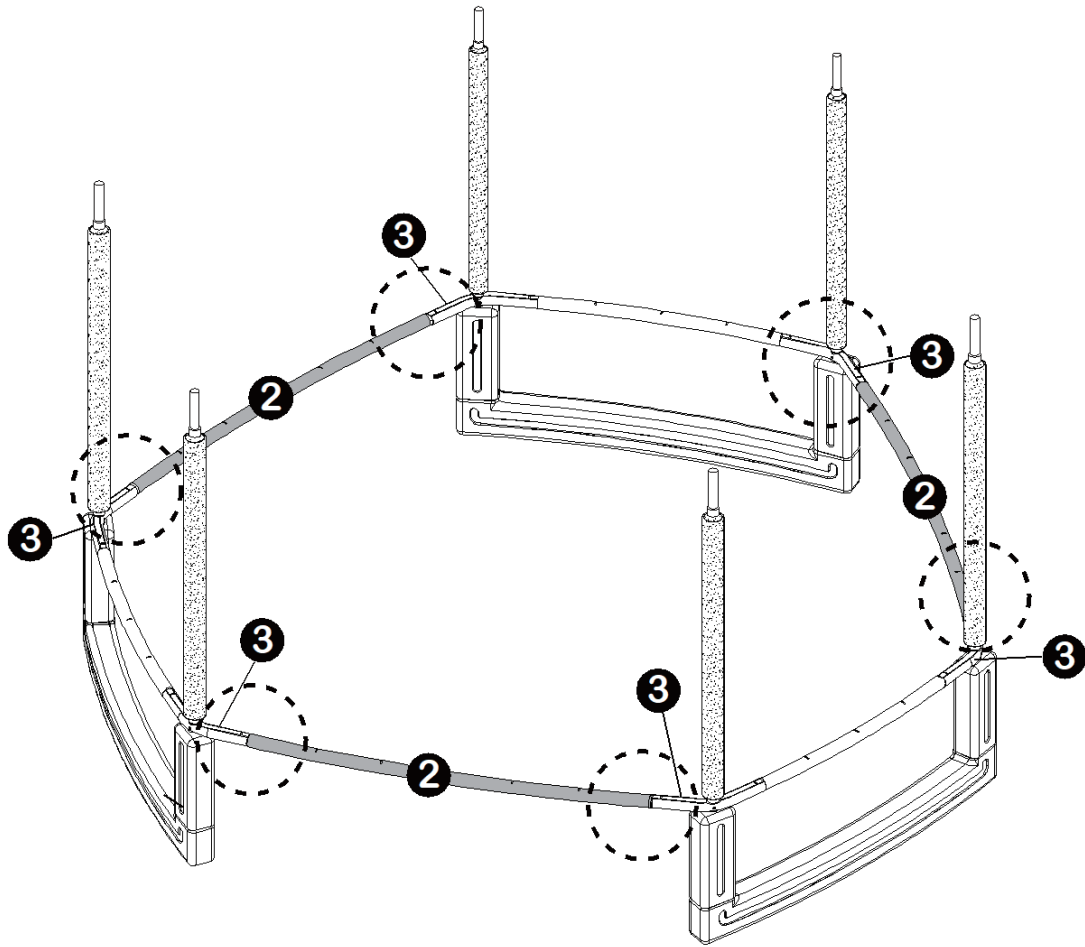


FIGURE 5

Trampoline Mat Assembly

STEP 6

Remove the foam from Curve Frame Tube with Foam (#10) and guide the Trampoline Mat stitched with Triangle-Rings and Frame Pad (#1) through the tubes as shown in Figure 6. Make sure the Frame Pad faces up and fully covers the trampoline frame. Place the foam back onto the tubes when finished.

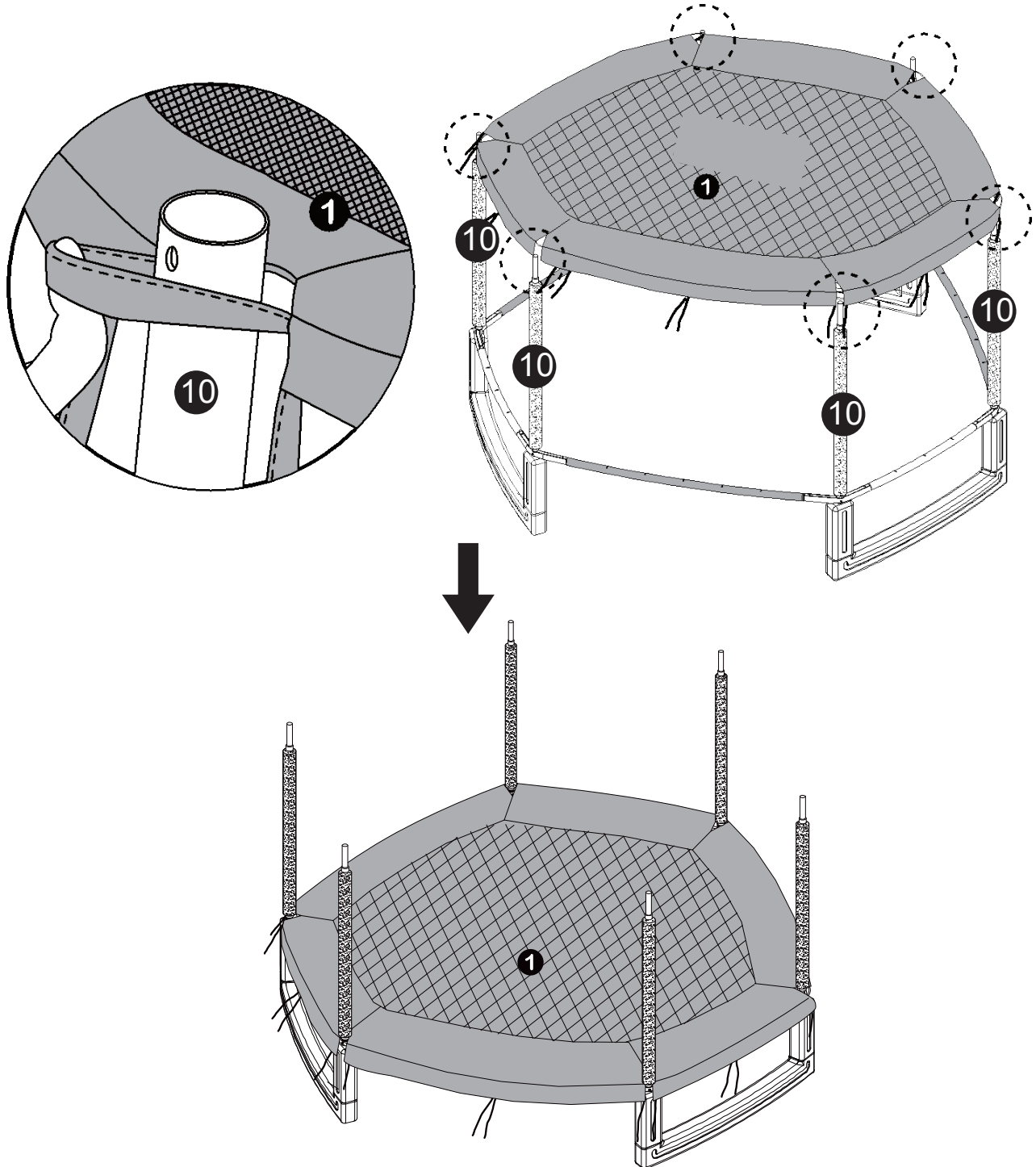


FIGURE 6

⚠️ WARNING

When attaching the springs, do not place your hands, arms, legs or any other body part close to the connector points (i.e. joints connecting the steel tubes). The connector points can become pinch points as the trampoline springs tighten up. Wear heavy duty working gloves to protect your hands from pinching by the springs and protective goggles to avoid injuries to the eyes. Be steady when installing the springs as it can rebound and fly off if you inadvertently let go when not hooked properly. Make sure no children are playing nearby when installing the trampoline.

STEP 7

Starting at point "one", hook one end of Spring (#8) into the Triangle-Ring on the mat (#1). Holding Spring Loading Tool (#9) under hand, pull the other end of the spring and lock it into the corresponding hole on the rail as shown in FIGURE 7. Note: the two ends of the spring are different. Make sure to install the correct ends to the mat and rail as shown below.

After you have secured the spring at point "1", attach springs to all Corner Top Rails (# 3) as shown in FIGURE 8. For even distribution of spring tension and ease of assembly, the springs must always be installed on opposite sides of the mat in an alternating manner, i.e. 1, 36 followed by 18, 19; 6, 7 followed by 24, 25; 12, 13 followed by 30, 31 as shown.

Hint: Tap on the Spring (# 8) with the handle of the Spring Loading Tool to make sure it is securely latched into the hole on the rail.

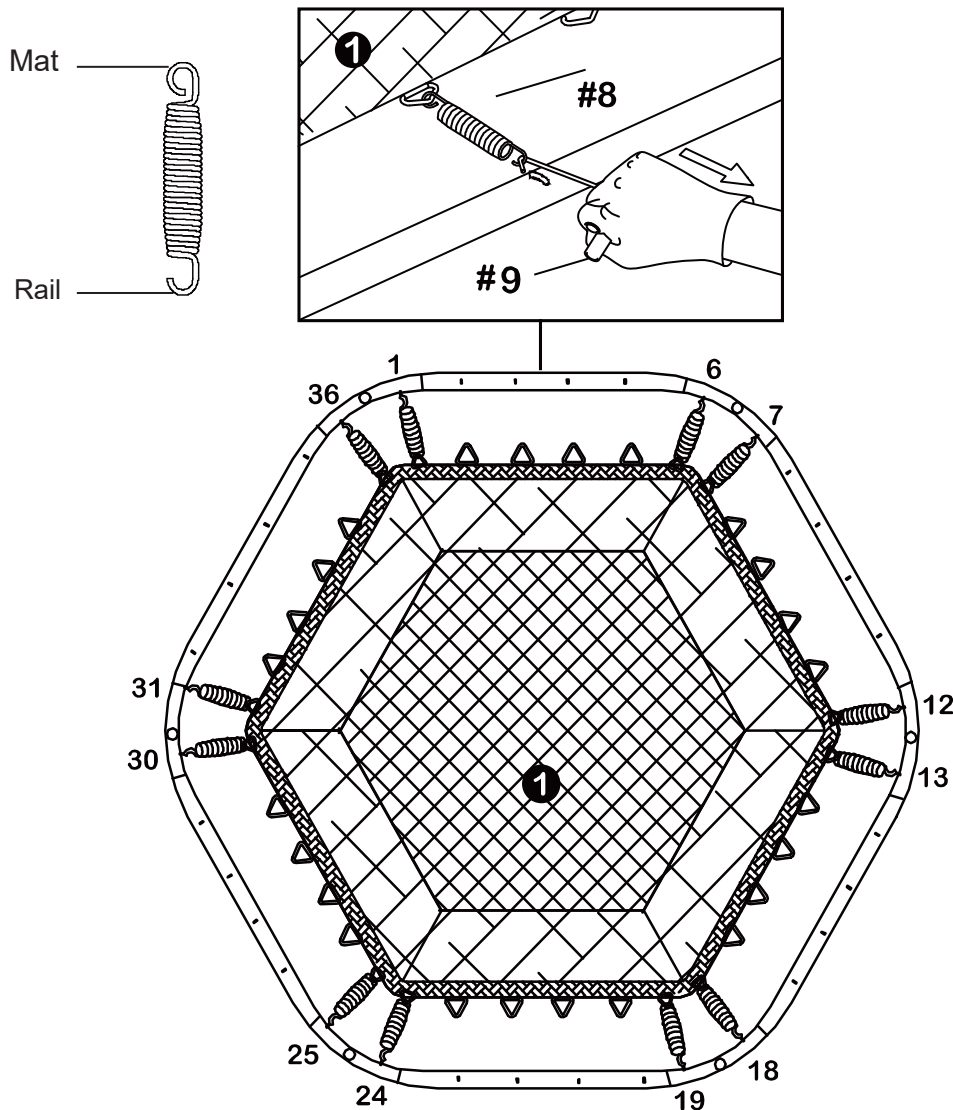


FIGURE 7

Step 8 – Spring Assembly

Attach two more springs in the midpoint between the corner rails. For even distribution of tension and ease of assembly, the springs must be placed on opposite sides of the mat in an alternating manner, i.e. 3,4 then 21,22. Continue in this manner until all the springs are installed as shown in FIGURE 8.

Hint: The number of triangle-rings sewn onto the Mat is equal to the number of holes on the frame. If you notice that you have miscounted a hole or triangle-ring, remove and reinstall the springs as necessary while maintaining an even distribution of tension as explained above.

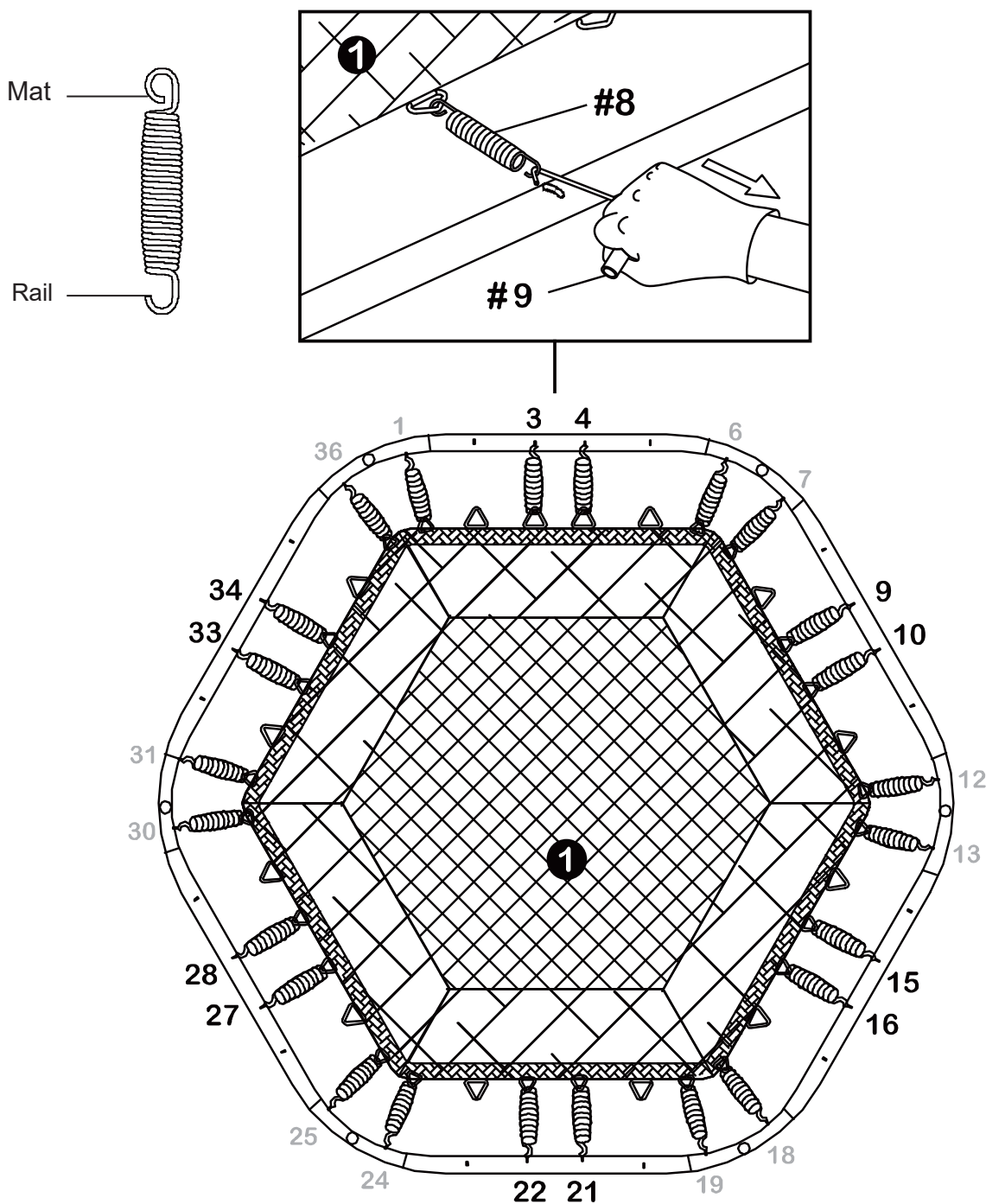


FIGURE 8

Step 9 – Spring Assembly

Continue to attach all remaining springs in the same manner as before.

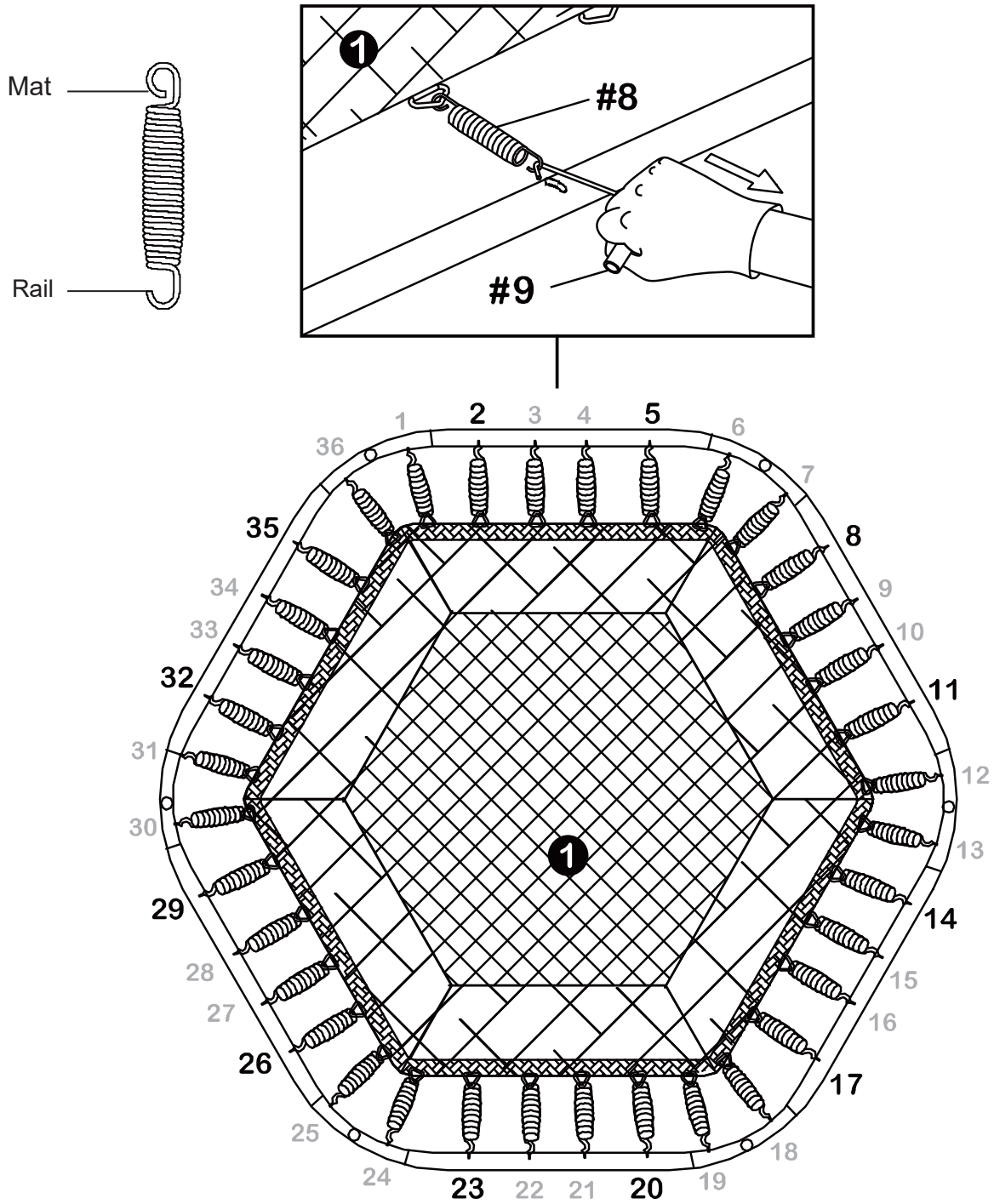


FIGURE 9

Frame Pad Assembly

⚠ WARNING

Never use the trampoline without the frame pad. The frame pad reduces the risk of getting injured by hitting the metal frame or springs. Inspect the frame pad before each and every use to ensure all exposed metal parts are fully covered!

Step 10

Straighten out the frame pad (stitched to the Trampoline Mat) so the springs and steel frame are fully covered. Pull the elastic straps tightly around the frame, then tie it into a one-sided bow as shown in FIGURE 10. Repeat this step for all of the elastic straps.

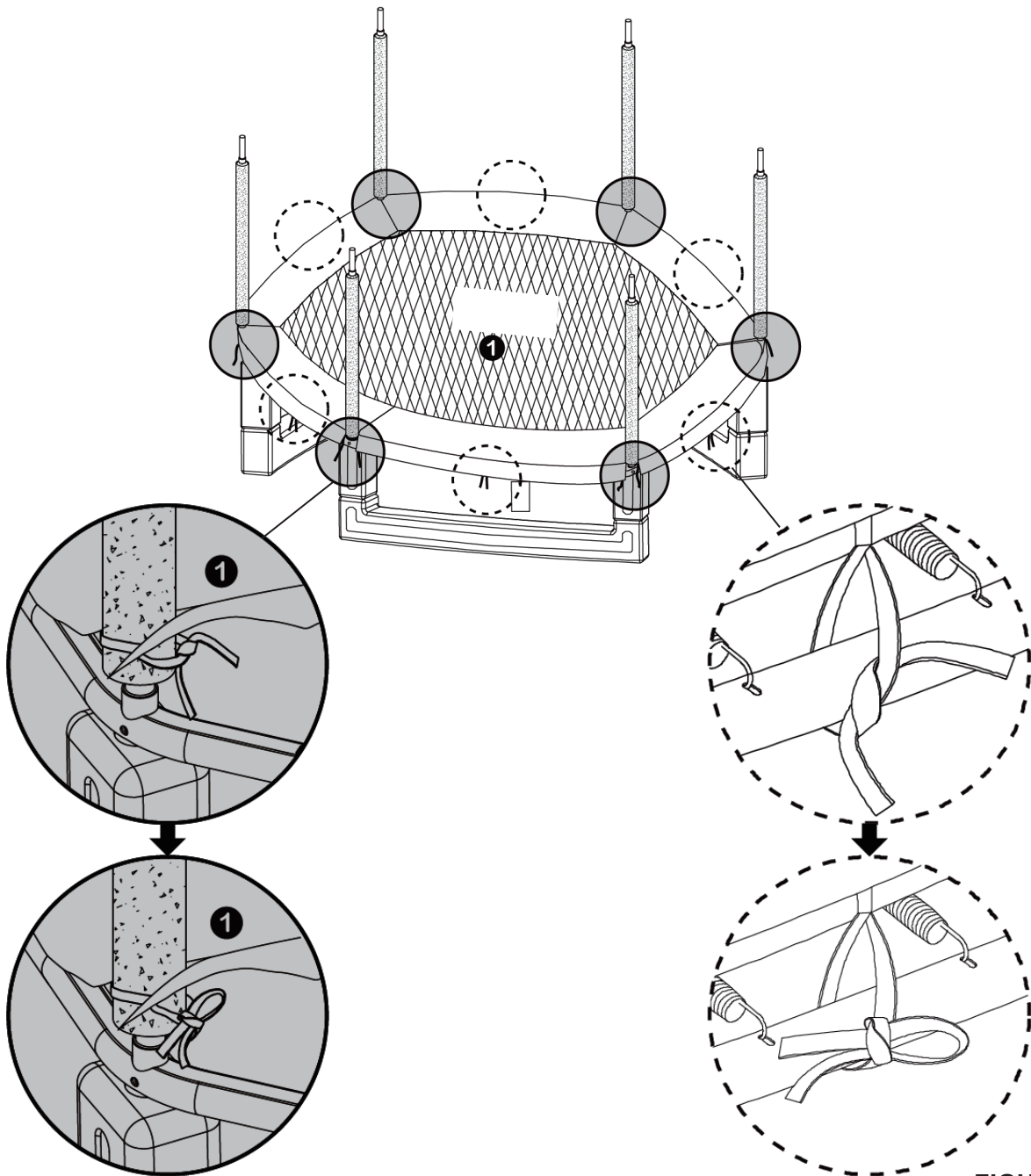


FIGURE 10

Step 11

Attach Curve Frame Tube with Foam (# 10) to Top Frame Tube with Foam (# 11) to form an "ARCH" as shown in FIGURE 11. Secure using the Self-Locking Screw (# D). Repeat this step for all three sets of ARCH.

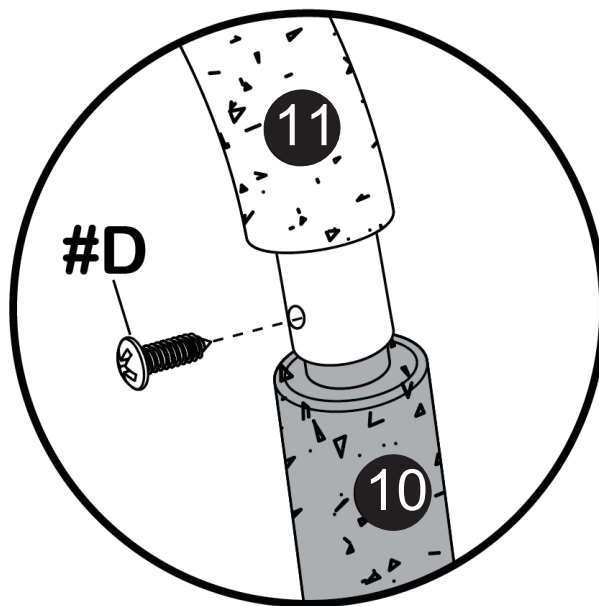
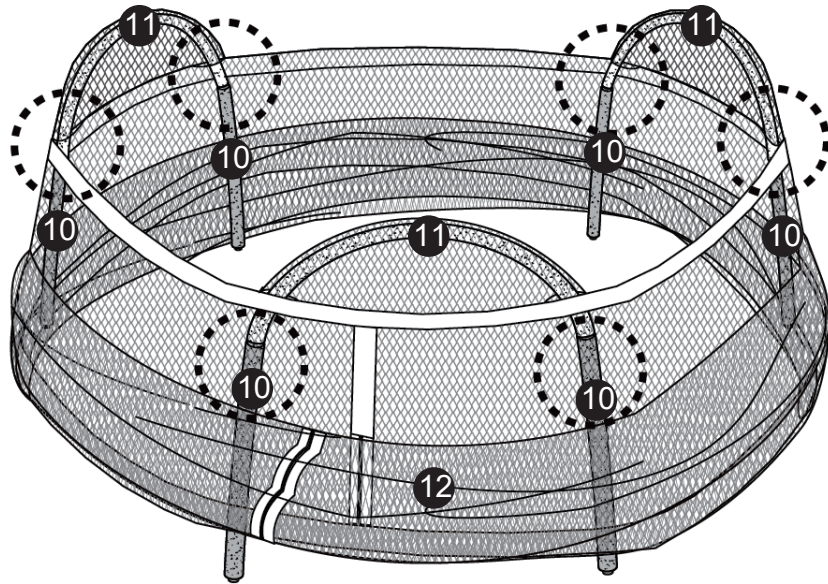


FIGURE 11

Step 12

Pull down the enclosure netting so it evenly wraps around the outside of the ARCH and completely covers the trampoline.

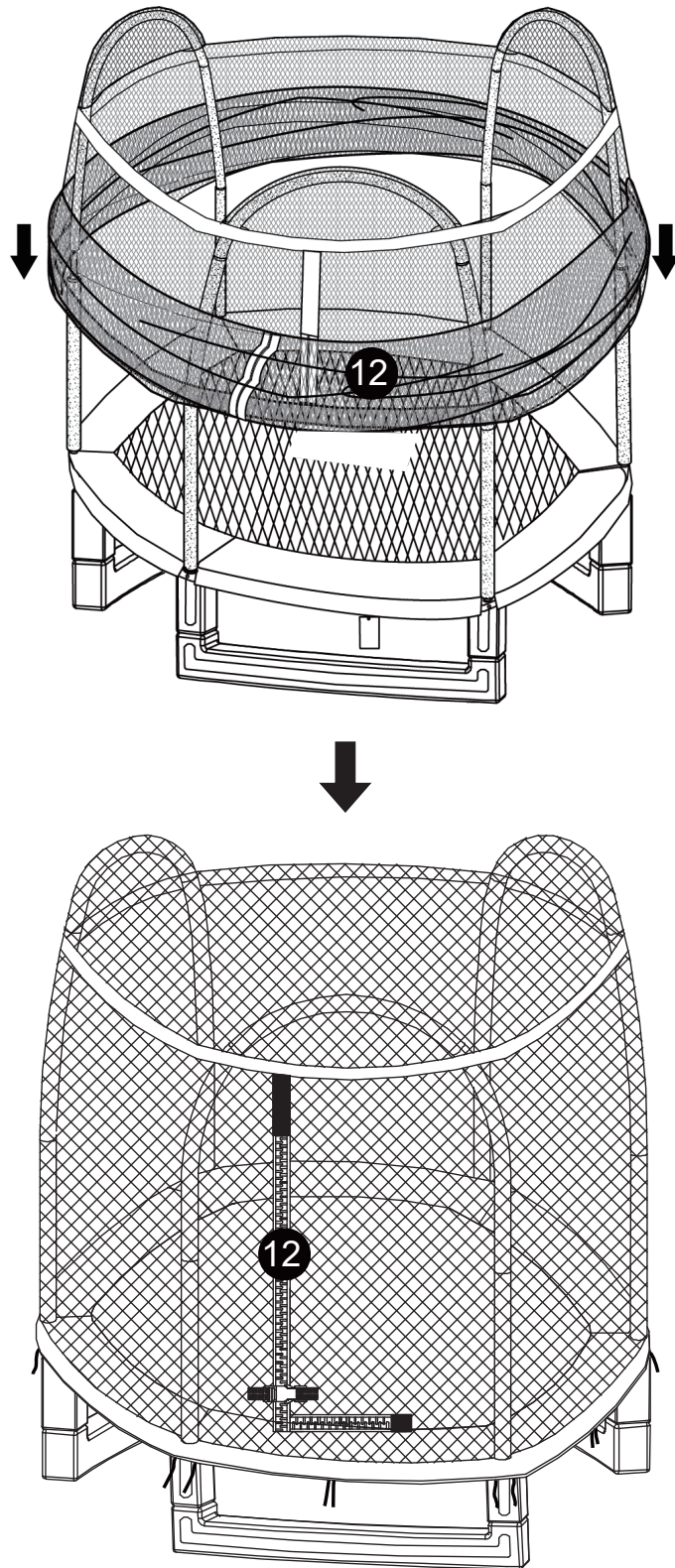


FIGURE 12

Step 13

Tie all elastic straps on Enclosure Netting (# 14) to the frame as shown.

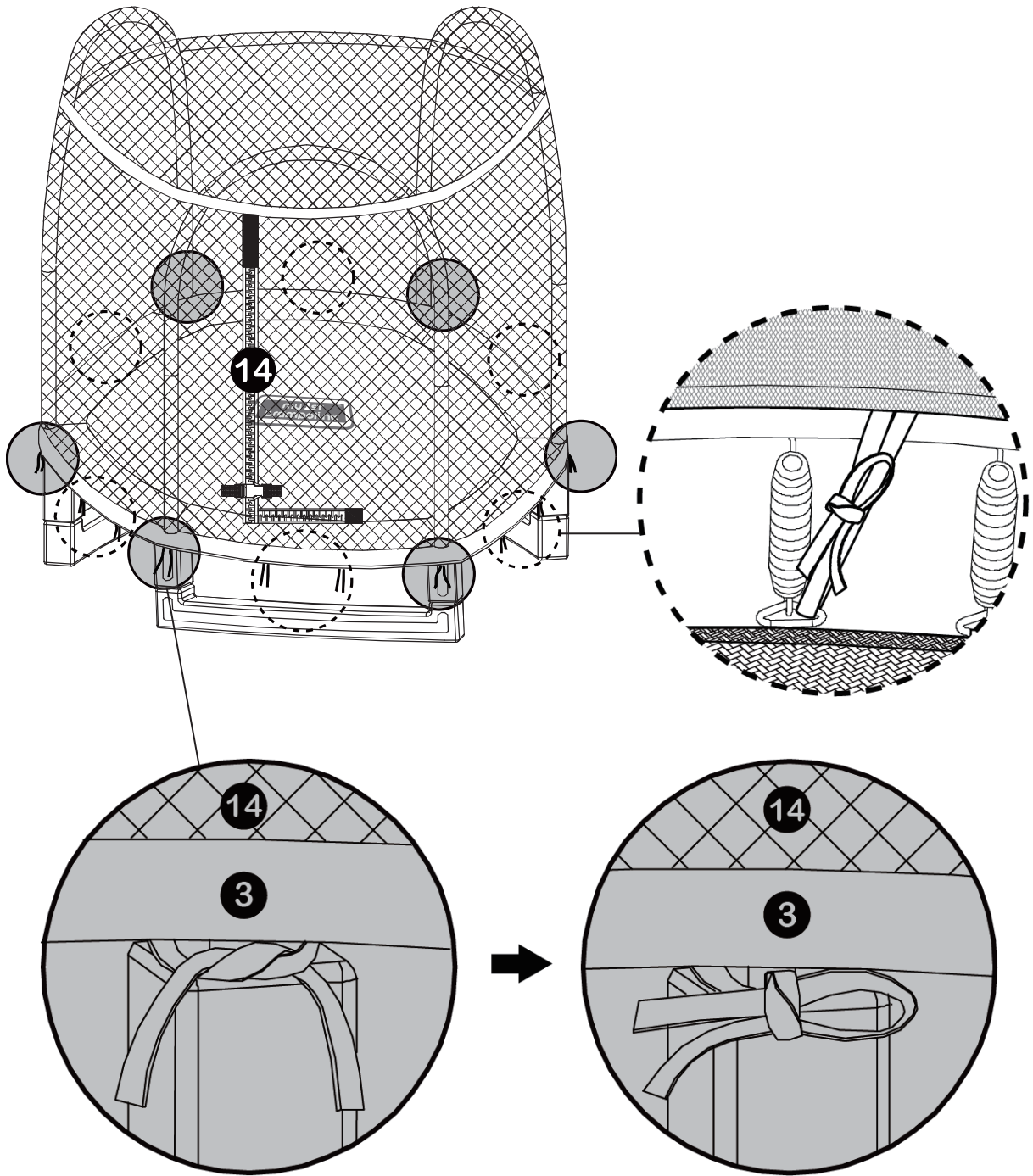


FIGURE 13

Step 14

Close the zipper and buckle at the entrance of the enclosure netting to secure the entrance.

WARNING

The zipper and buckle should be closed during use to avoid users falling out of the trampoline, as well as during periods of non-use to restrict access by unauthorised users.

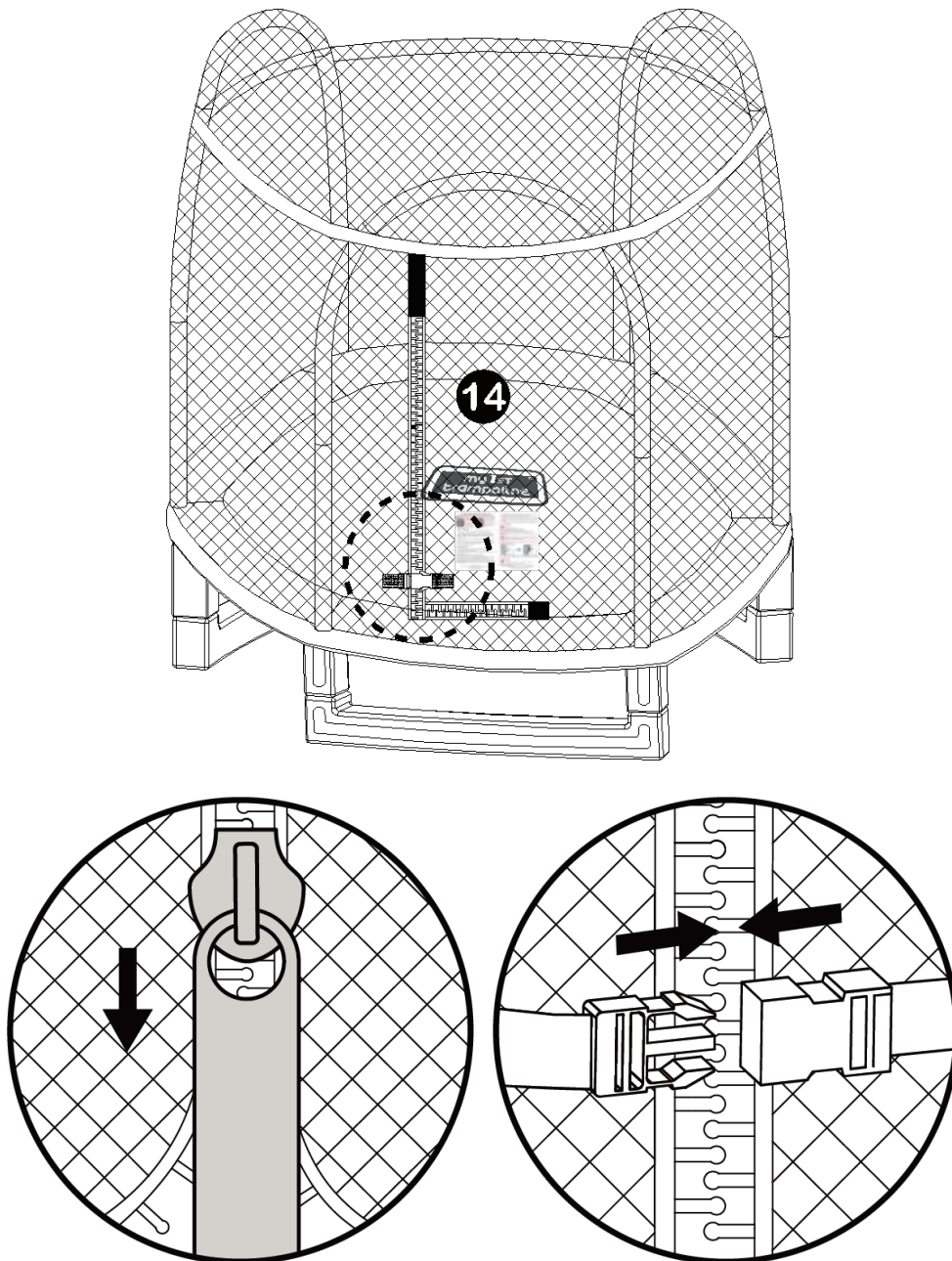
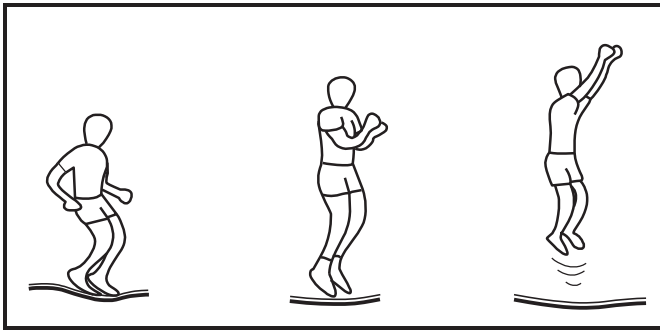


FIGURE 14

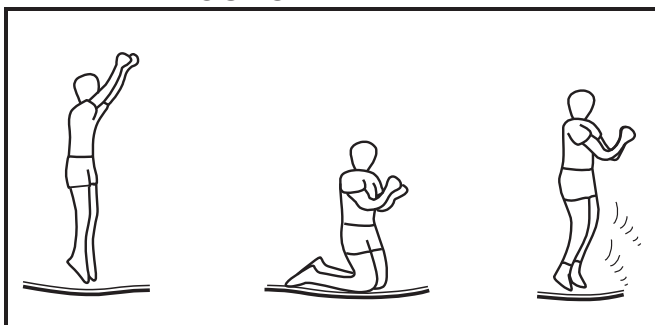
BASIC TRAMPOLINE BOUNCES

THE BASIC BOUNCE



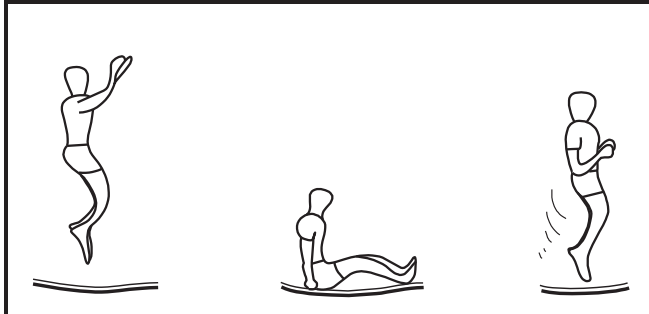
1. Start from the standing position, with your feet having shoulder width apart and with head up and eyes on mat
2. Swing arms forward and up in a circular motion
3. Bring feet together while in mid-air and point toes downwards.
4. Keep the feet shoulder width apart when landing on mat

THE KNEE BOUNCE



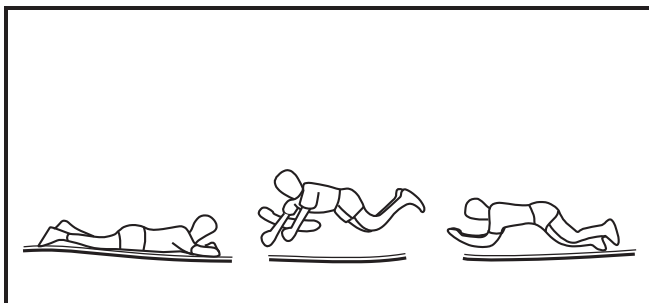
1. Start with the basic bounce and keep it low
2. Land on knees while keeping your back straight and body erect while using your arms to maintain balance
3. Bounce back to basic bounce position by swinging arms up

THE SEAT BOUNCE



1. Land in a flat sitting position
2. Place hands on mat besides hips, but do not lock your elbow
3. Return to erect position by pushing with hands

THE 180 DEGREE BOUNCE



1. Start with the Front Bounce position
2. Push off with left or right hands and arms (depending on which way you wish to turn)
3. Maintain head and shoulders in the same direction while keeping your back parallel to the mat and your head up
4. Land in the Prone position and return to standing position

IMPORTER

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