

INfkd014V01\_US\_CA

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IMPORTANT, RETAIN FOR FUTURE REFERENCE: READ CAREFULLY

**ASSEMBLY INSTRUCTION** 

# **WARNING**

For Age 3+

- 1.Weight limit:400LBS(180kg)
- 2.ADULT:supervision required or serious injury and death may result-Always need extreme caution when using the Ninja line kit. Be sure to perform MANDATORY load stress test before using the line.
- 3.ADULT:assembly required.

This product should be unpacked and assembled by an adult, including site and tree selection as well as the secure and proper installation.

4.Un-healthy tree hazard--

Do not attach or use a tree that is not healthy, diseased or damaged. It may cause serious injury or death.

5.Do not attach your obstacles anywhere else on the line.

#### Installation Guide

#### **Step 1:**Determine your course height.

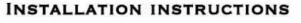
1.Line height should be set to where your lowest (height) ninja line kit user's feet are only 12 inches(31cm) maximum the ground as they hang from the lowest ninja line obstacle.

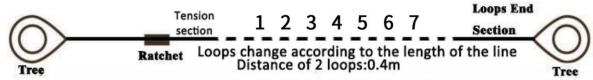
As a starting height to set your line at, have the lowest (height) user reach out above their head as high as they can. Measure that height (from the ground to the tips of their outstretched hands) and then add an additional 24 inches(62cm) which is12 inches for clearance plus 12 inches for the ninja line sagging towards the ground with the user's weight. For example, your lowest height of ninja is 72 inches (from the ground to their outstretched finger tips),add 24 inches, and your first line height to test should be 86 inches from the ground.

2. This may take one or two adjustments to get the desired 12 inches of clearance for the ninja above the ground.

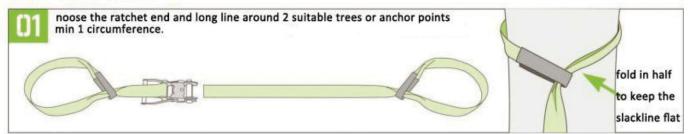
### Step 2:

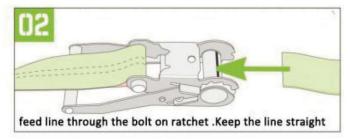
Wrap the tree protectors around the tree trunk.

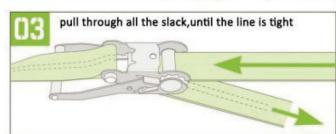




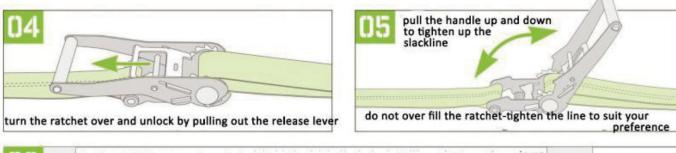
#### SET THE LINE

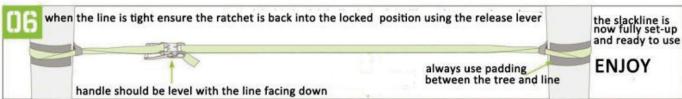




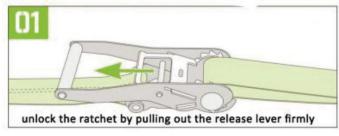


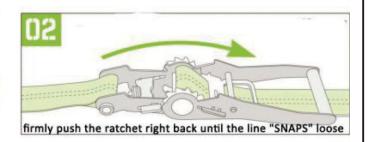
Insert the carabiners into the loops before tightening the slackline!





## RELEASE THE LINE





## Remark: Mandatory load stress test

- 1.Make sure all your connections are tight.
- 2.Do a mandatory load test on your line. Using either a 400 LBS (180kg) load or person,have them test the ninja line by suspending the weight 5 feet(152cm) from each end.
- 3.Keep your course clear Bystanders should maintain a safe distance from the line 10ft (3.1m) to prevent impacts by person's jumping down from the line. If you are unsure about your health for ninja line, Please consult with your doctor before attempting.

**WARNING**: Possible injury or death - Remember a ninja line can be a potential danger equipment and can cause serious injury or even death. Adult supervision is recommend.



## Using your Ninja Line Training Course with obstacles.

The course is a conditioning course: You will only improve over time. Do not expect to be able to complete it the first couple of times you try the course.

- 1. Have a stable, step ladder for the users to reach the first obstacle on the line in order to begin their course.
- 2.For the first couple of times, you may want to set the line height, so the users can be on their "tippy toes" taking some of their weight off their grips on the obstacles. This way they can get some sense of accomplishment, and give their muscles time to develop.
- 3. Then gradually raise the line's (and obstacle) height over time, until the users are actually suspended above the ground.
- 4.Once the users have mastered a certain order of obstacles, change them up!Try spacing them further apart too.Remember, you can add up to 9 obstacles on the course.
- 5.Be patient and enjoy your ninja line course.

